

LITTLE FLOWER PARISH

ASCENSION OF THE LORD

MAY 17TH, 2026

Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

Saturdays: 9 am to 1 pm

Parish Staff

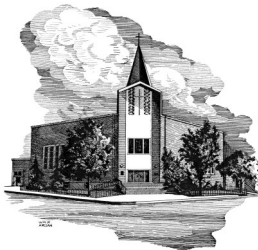
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &
Valerio Quirino

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue
Regina, Saskatchewan
S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

ASCENSION OF THE LORD

MAY 17TH, 2026

Theme: Christ is exalted at the Father's right hand. His physical absence makes possible a new form of presence. We are witness to that presence. The Lord be with You.



Mass Intentions

Tues., May. 19	— 4:00 pm	Intentions for Marnie Schmidt & Family
Wed., May. 20	— 8:00 am	†Repose of Clair Wingerter
Thur., May. 21	— 8:00 am	Intentions for Paul Schimmelmann
Frid., May. 22	— 8:00 am	†Repose of Tim Wingerter
Sat., May. 23	— 5:00 pm	†Repose of Ray Klimchuk

Altar Server: Jean Zdunich

Events: Vibrancy Meeting 19th May—2pm (Office)

Finance Meeting 20th May—7pm (Office)

St. Thérèse



St. Thérèse of Lisieux believed that love is expressed through attention to the small things that fill our daily lives. Mother Teresa of Calcutta practiced the “Little Way” taught by St. Thérèse, and shared it with millions of people around the world. It is impossible to measure St. Thérèse of Lisieux’s impact on history, but it is vast.

St. Thérèse said: “ You know well that Our Lord does not look so much at the greatness of our actions, as at the love with which we do them.”

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511



If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish. Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bits
May 17, 2026
The Ascension Of The Lord

“I am praying for them...” John 17:9

Prayer is the foundation of our Faith and the foundation of Stewardship. Prayer is always the first best option in any situation - not just our last resort. Pray for friends and family, and especially for those who don't treat you very well. Pray to give praise, to thank, and to ask God for help. Pray to see what God wants you to do with the gifts He has given you. Teach others how to pray. It has been said that teaching someone how to pray is the best gift you can give someone.

Office Closed



The parish office will be closed on Monday, May 18 for the Victoria Day holiday. In case of an emergency messages may be left on our voice mail.

Ascension of the Lord



“Go therefore and make disciples of all nations” (Mt 28:19).

The Ascension of the Lord reminds us that Christ did not abandon His people when He returned to the Father. Instead, He entrusted His mission to the Church and remains with us through the power of the Holy Spirit. The Ascension is not an ending, but a new beginning — a call for every Christian to live with hope, faith, and purpose.

As Jesus ascended into heaven, He opened the way for us to share in eternal life. Our hearts are lifted toward heaven, where Christ reigns in glory, yet our mission continues here on earth. We are called to be witnesses of His love in our homes, workplaces, parish, and community.

In a world often marked by uncertainty and division, the Feast of the Ascension reminds us that our true hope is in Christ. He calls us to proclaim the Gospel not only with words, but through acts of charity, mercy, and compassion.

May this celebration renew our trust in the Lord's promise: “And remember, I am with you always, to the end of the age” (Mt 28:20).

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk, Marg Benz.

**33 Days to Eucharistic Glory –
Final Eucharistic Consecration Gathering**



As we complete our 33 Days to Eucharistic Glory journey, all participants are warmly invited to our final gathering and Eucharistic Consecration following the 10:00 a.m. Mass.

This special occasion will be an opportunity to come together in prayer and thanksgiving as we consecrate ourselves to Jesus in the Eucharist and celebrate the graces received throughout this spiritual journey.

Sunday, May 24 — Following the 10:00 a.m. Mass Auditorium / Hall

We look forward to celebrating this beautiful moment of faith and devotion together.

Korean Mass



The Korean Mass will be next weekend on Sunday, May 24th, at 11:30 am at Little Flower Parish. Everyone is welcome! Please feel free to share this information with family and friends in the community

Little Flower Parish Youth Group



All youth in Grades 9–12 are warmly invited to be part of the new Little Flower Parish Youth Group. Join us one Sunday each month from 7:00–8:30 p.m. for an evening of faith, friendship, prayer, fellowship, and fun. Together, we hope to create a welcoming space where young people can grow in God's love, build community, and share life with one another. For more information, please scan the QR code and complete the interest form.



Emmaus Men's Spiritual Peer Support – Now Forming

Are you a man living with mental health challenges and looking for a place of faith, honesty, and support? We are currently forming a Men's Emmaus Spiritual Peer Support Group, a space for prayer, real conversation, and mutual encouragement grounded in Christ. This group would meet monthly, with in-person and online options available. If you are interested in taking part, please reach out: emmausmentalhealth@gmail.com

Emmaus Women's Spiritual Peer Support Group (Online)

Are you a woman living with mental health challenges and seeking faith-filled support? Our Emmaus Women's Spiritual Peer Support Group offers a welcoming, confidential online space to share, pray, and walk together in hope. Rooted in our Catholic faith, these gatherings are centered on accompaniment, encouragement, and the gentle presence of Christ. This group currently meets once a month online, making it accessible for many. To learn more, please contact Bronwyn Angley – bronwyn.angley@gmail.com

Emmaus Mental Health Caregivers Support Group

Are you supporting a loved one living with mental health challenges? You are not alone. Our Emmaus Spiritual Peer Support for Caregivers groups offer a safe, faith-based space for those walking alongside a loved one experiencing mental health struggles. These gatherings provide prayer, reflection, and compassionate peer support rooted in the hope of Christ. We currently have groups operating once a month in Regina & Saskatoon with in-person and online options available. For more information or to join, please contact: emmausmentalhealth@gmail.com



St. Philomena Walking Pilgrimage Announcements

The 8th annual St Philomena Walking Pilgrimage will start at Yorkton on August 11 and will finish at Our Lady of Lourdes shrine at Rama on Aug 14. This is a supported pilgrimage with arranged overnight stops, meals, and rest stops through the day. Transportation to the next rest stop is provided for those don't wish to walk the whole distance. Pilgrims can walk every day or just one day if they wish. Friday August 14 is our shortest day and the day we arrive in Rama. www.stphilomena.ca

Faith-Based Advance Care Directive

Follow-up to Larry Worthen's Presentations: MAiD for You?

One of the most effective ways to counter the narrative of those who encourage assisted suicide—often euphemistically referred to as MAiD—is by completing a Faith-Based Advance Care Directive.

Directives are available for free download from the Catholic Health Association of Saskatchewan (CHAS) website at <https://chassk.ca/faithbasedcare/>, or you may pick up a copy from the offices of the Archdiocese of Regina. Additionally, this video provides a guide to help you complete your directive <https://www.youtube.com/watch?v=BNGgc9ogZ30>.

For further information, please contact Peter Oliver at peter@chassk.ca or our ethicist, Mary Heilman, at mary@chassk.ca.



Made for Greatness - A Catholic Men's Event

Featuring Kevin Philip, full-time lay missionary and founder of Boats on Fire Catholic Ministries

Friday, May 22 at 6:00 PM

Meal served at 6:00

Presentation and Chat at 6:30

Devotions and Confession at 7:30

Fellowship at 8:30

Holy Family Parish

1021 McCarthy Blvd, Regina



26th Annual Holy Cross- Parish Cal Murphy Memorial Golf Tournament

Aspen Links Golf Club

Sunday, June 14

Registration opens at 9:00am

Putting contest begins at 10:00 am

Tee times start at 11:00 am

Taco Bar 5:00 pm

Tournament fee of \$160 includes

green fees, power cart, banquet and tax receipt

Entry forms available at www.holycrossregina.ca,

email Joyce at byapple@sasktel.net/ phone 306-789-1983 or phone John at 306-533-8066.

