

LITTLE FLOWER PARISH

12TH SUNDAY IN ORDINARY TIME

JUNE 21ST, 2026

Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

Saturdays: 9 am to 1 pm

Parish Staff

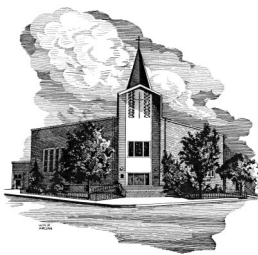
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &
Valerio Quirino

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue
Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

12TH SUNDAY IN ORDINARY TIME

JUNE 21ST, 2026

Theme: God's love has touched us, and nothing is the same. Through his eyes we see the world's sinful sickness, we risk playing the prophet to today's world?



Mass Intentions

Tues., June 23 — 4:00 pm †Repose of John Resch
Wed., June 24 — 9:30 am No Mass Intention
Thur., June 25 — 8:00 am No Mass Intention
Frid., June 26 — 8:00 am No Mass
Sat., June 27 — 5:00 pm †Repose of Heinz Blank

Altar Server: Gabe Seiferling

Events: Pastoral Council Meeting 25th June—7pm

St. Thérèse



St. Thérèse of Lisieux believed that love is expressed through attention to the small things that fill our daily lives. Mother Teresa of Calcutta practiced the “Little Way” taught by St. Thérèse, and shared it with millions of people around the world. It is impossible to measure St. Thérèse of Lisieux’s impact on history, but it is vast.

St. Thérèse said: “ You know well that Our Lord does not look so much at the greatness of our actions, as at the love with which we do them.”

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511



If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish. Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bits

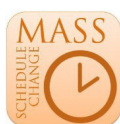
June 21, 2026

12th Sunday in Ordinary Time

“Everyone who acknowledges me before others I will acknowledge before my heavenly Father.” Matthew 10:32

Would others know that you are Catholic by the way you act and speak? Do you share your Catholic faith with others? Do you defend your Catholic faith when the situation arises or do you remain silent? Do you pray in public before meals? Pray for the strength and courage to be a joyful witness of our Catholic faith when the opportunity presents itself. Let us become the radiant light and bold witness that we are called to be!

Mass Time Change – June 24



Please note that although our daily Mass is usually celebrated at 8:00 a.m., on Wednesday, June 24, parishioners are invited to join St. Augustine Catholic School for their Year-End School Mass.

On that day, Mass will be celebrated at 9:30 a.m. together with the students, staff, and families of St. Augustine Catholic School as we give thanks for the blessings of the school year.

We thank you for your understanding and look forward to celebrating together.

Changes in Weekday Mass Schedule



Please be advised that there will be no weekday Mass on June 26. We appreciate your understanding and invite you to join us for our regular Mass schedule outside of these dates.

Little Flower Parish Youth Group



All youth in Grades 9–12 are warmly invited to be part of the Little Flower Parish Youth Group!

Join us for evenings of faith, friendship, prayer, fellowship, and fun. Together, we hope to create a welcoming space where young people can grow in God’s love, build community, and share life with one another.

Summer Youth Group Dates:

- July 12 | 6:00–8:30 p.m.
- August 9 | 6:00–8:30 p.m.

For more information, please scan the QR code and complete the interest form.



Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert,

Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk, Marg Benz.

Thanksgiving Farewell for Father Jake



Many of you have already heard that Father Jake will be leaving Little Flower Parish. He has been appointed as the new priest for several parishes in the Radville region of Saskatchewan. As a parish community, we are grateful for his ministry among us and for the many ways he has shared his faith, guidance, and pastoral care. We will miss him greatly and hold him in prayer as he begins this new chapter of service.

We invite everyone to join us for a farewell celebration on Sunday, July 19, 2026, at 11:00 a.m. in the

Little Flower Parish Auditorium.

Tickets: \$5 (children under 5 are free).

Tickets will be available after Mass on June 27–28, July 4-5, and July 11-12 or at the Parish Office. **Please note that tickets must be purchased by July 13**, as this is an advance ticket event only. Get your tickets early before they sell out! No tickets will be sold at the door.

Menu: Smokie on a Bun, Coleslaw, Pancit, Assorted Dainties, and a choice of beverages.

12th Sunday in Ordinary Time – Year A



Today, we celebrate the 12th Sunday in Ordinary Time. In the Gospel, Jesus encourages His disciples not to be afraid, reminding them that they are precious in God’s eyes and always under the Father’s loving care. He invites us to trust in God and remain faithful, even when we face difficulties, uncertainty, and challenges in our daily lives.

This Gospel reminds us that Christ is always with us, walking beside us through every joy and every trial, giving us strength, courage, and peace. No matter what burdens we carry or what fears we may face, we can place our confidence in the Lord, knowing that His love never fails and His presence never leaves us.

As we celebrate this Sunday, let us thank God for His constant love, protection, and guidance. May He deepen our faith, strengthen our hope, and help us to be witnesses of His love and mercy. May our words and actions reflect the light of Christ and bring encouragement, hope, and kindness to all those we meet.

Events At the Myriam Family house of prayer!

A Family retreat

When?

July 17th-19th , 2026

Where?

At our beautiful site in the peace of the countryside near McLean, 45 km East from Regina.

The retreat will include family morning prayer in front of the Blessed Sacrament, talks, Mass, skits, games, crafts, joy!

To register, please call Sr. Stephanie at 306-536-2721

Or email pss.prairies@famillemyriam.org

Free will donation

Youth retreat (13-17 years old)

From Friday, July 24th, to Sunday, July 26th

At the Myriam Family house of prayer in McLean SK Free will donation.

To register, call Sr. Stephanie: 306-761-0528 or email: pss.prairies@famillemyriam.org

Young adult retreat!

From Friday July 31st to Sunday, August 2nd

With daily Mass, talks and sharing, Confessions, Holy hour, bonfire, sports and a lot of joy! All of this in the beauty of nature and the silence of the countryside at our house of prayer in McLean, Sk, 45 km East of Regina. -Free will offering-

Please register by phoning at 306-761-0528 or email: pss.prairies@famillemyriam.org

Parish Resources for Spring Campaign

Sunday, June 21 – Twelfth Sunday in Ordinary Time

Bulletin Reflection - In this Sunday's Gospel, Jesus Christ speaks words of encouragement to His disciples: "Do not be afraid." He acknowledges that following Him will not always be easy. There will be fear, misunderstanding, and even opposition. Yet His message is consistent and strong. Fear does not have the final word. God does. Jesus reminds His disciples that what is hidden will be revealed, and what is spoken in darkness will come to light. Nothing is outside of God's care or knowledge. Even in moments of uncertainty, we are held by a God who sees and knows us completely. Three times in this passage, Jesus tells His followers not to be afraid. He calls them to trust, even when the cost of discipleship feels heavy. The One who watches over even the smallest sparrow also watches over each of us with deep care.

At the heart of this Gospel is a simple invitation: to choose faith over fear.

Prayer of Intercession : For those who live with anxiety, fear, or uncertainty, that they may find peace in the promise of Jesus Christ who knows and loves them completely, we pray to the Lord.



Archdiocese of Regina Youth and Young Adult Events



The Archdiocese of Regina's Youth Leadership Camp is back for another amazing year. It'll take place August 10-14 at Glen Harbour Kids Camp.

This year's theme is Story Time, which will see us journey through some of the stories of our faith. We'll laugh, we'll cry, and ultimately discover how these stories of old are still relevant to our lives here today.

If you're interested in growing in faith, developing your ability to lead in various situations, expanding your network of friends and community, and enjoying the beach, great food, fantastic music, and amazing games along the way, then you need to join us!

Register now at bit.ly/ooyam-camp. If you have any questions, email us at ooyam@archregina.sk.ca.

Press Pause & Pray: A Young Adult Retreat is back once again! Join us August 15-16 at Glen Harbour Kids Camp for a weekend filled with prayer, music, community, and inspiring talks to help you grow in your faith journey. Cost is \$50. For more info or to register, check out bit.ly/archooyam, or email ooyam@archregina.sk.ca if you have any questions.

Ever since the early years of our Church, Christians have left the comfort of their homes to journey to sacred places around the world. Following this rich tradition, World Youth Day pilgrims travel to the host city seeking something in particular out of that experience.

While on the surface, these pilgrimages may seem like any other vacation or trip, they are much more than that. "To go on pilgrimage really means to step out of ourselves in order to encounter God".

If you are interested in taking part in this incredible pilgrimage, join us for an information night on July 9th. Visit bit.ly/ooyamtrip to learn more and to register for the meeting.

First Friday & First Saturday Vigil



The First Friday/First Saturday vigil in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary will be held July 3rd and 4th, 2026 at St. Mary's Church in Regina. Priests will be available for confession at 6:30 P.M. before Holy Mass as well as after Mass. Mass will occur at 7:00 P.M. followed by the all-night vigil ending with Holy Mass at 8:00 A.M. on Saturday morning.