

LITTLE FLOWER PARISH

HOLY BODY & BLOOD OF CHRIST SUNDAY

JUNE 7TH, 2026

Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

Saturdays: 9 am to 1 pm

Parish Staff

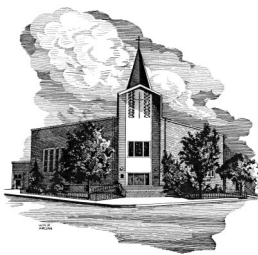
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &
Valerio Quirino

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

HOLY BODY & BLOOD OF CHRIST SUNDAY JUNE 7TH, 2026

Theme: The bread is rising. It rises in the desert as food for a wandering people. It rises from the Jewish nation in the person of Jesus who is baked and broken on a cross to nourish us all. It rises in our own hearts as we are transformed into the Eucharistic bread we share.



Mass Intentions

Tues., June 9 — 4:00 pm	Health Intentions for Karren & Kole Statchuk Intentions for Doris Dietrich & Family
Wed., June 10 — 8:00 am	Health Intentions for The Statchuk Family
Thur., June 11 — 8:00 am	Intentions for Brett Wingerter
Frid., June 12 — 8:00 am	No Mass Intention
Sat., June 13 — 5:00 pm	Repose of Msgr. Gerry del Prado

Altar Server: Jean Zdunich

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

St. Thérèse



St. Thérèse of Lisieux believed that love is expressed through attention to the small things that fill our daily lives. Mother Teresa of Calcutta practiced the “Little Way” taught by St. Thérèse, and shared it with millions of people around the world. It is impossible to measure St. Thérèse of Lisieux’s impact on history, but it is vast.

St. Thérèse said: “ You know well that Our Lord does not look so much at the greatness of our actions, as at the love with which we do them.”

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511



If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish. Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bits

June 7, 2026

Holy Body & Blood of Christ Sunday

“Because there is one bread, we, who are many, are one body, for we all partake of the one bread.” 1 Corinthians 10:17

As disciples of Jesus, we are called to lead holy lives and invite others to join us. We are called to be fed and to feed others. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a two-fold purpose. One, it helps build God’s kingdom here on earth. Two, it helps us strengthen each other’s relationship with God the Father, Jesus, and the Holy Spirit. It becomes our roadmap to Heaven. Let’s help each other get there!

The Holy Body and Blood of Christ



On this day, we celebrate the Solemnity of the Holy Body and Blood of Christ, also known as Corpus Christi. This special feast invites us to reflect on the great gift of the Eucharist, in which Jesus gives Himself to us as spiritual food

and drink. Through His Body and Blood, Christ remains present among His people, nourishing us with His love and strengthening us in our journey of faith.

The Eucharist is a sign of God’s endless love and a source of unity for the Church. As we gather around the Lord’s table, we are reminded that we are one family in Christ, called to serve one another with generosity and compassion. Receiving the Eucharist also challenges us to bring Christ’s love to others through our daily lives.

As we celebrate this sacred feast, let us give thanks for the gift of the Eucharist and pray that the Body and Blood of Christ continue to deepen our faith, strengthen our community, and inspire us to live as faithful disciples of Jesus each day.

Little Flower Youth Group Kick-Off BBQ!



Calling all students in Grades 8–12! Little Flower Parish is launching a new Youth Group, and we’re kicking things off with a fun barbecue on Sunday, June 14 from 6:00–8:00 PM. Come enjoy hot dogs, chips, freezies, games, and community — and bring a friend or two! The youth that has the most friends sign up, wins a PRIZE! Gluten-free and vegetarian options will be available. Come hungry, come ready to laugh, and come see what Little Flower Youth Group is all about!



Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk, Marg Benz.

Facebook Page



Our parish Facebook page is one of the ways we share and communicate important information with our parish community. Parish events, announcements, schedules, ministry activities, and photos from Masses and special celebrations are regularly posted there, as well as on our parish website. We encourage parishioners to follow Little Flower Parish Regina on Facebook to stay informed and connected with everything happening in our parish. Feel free to invite your friends, family, and neighbors to like or follow the page and be part of our growing parish community online.

Food Drive



Our next Food Drive will take place the weekend of June 13-14. Donations are greatly appreciated as we continue supporting families in need in our community.

We are accepting non-perishable items such as: canned vegetables, fruits, meats, soups, chili, and pasta sauce; peanut butter and other nut butters; beans, rice, pasta, lentils, cereal, and oatmeal; boxed meals, macaroni and cheese, ramen, crackers, cookies, and snack bars; as well as shelf-stable milk, cooking oil, spices, and condiments.

Thank you for your generosity. Together, we can help feed those who need it most.

Little Flower Parish Youth Group



All youth in Grades 9–12 are warmly invited to be part of the new Little Flower Parish Youth Group. Join us one Sunday each month from 7:00–8:30 p.m. for an evening of faith, friendship, prayer, fellowship, and fun. Together, we hope to create a welcoming space where young people can grow in God’s love, build community, and share life with one another. For more information, please scan the QR code and complete the interest form.



Archdiocese of Regina Lay Formation: Forming Disciples, Shaping the Future



The Archdiocese of Regina Lay Formation Program will finish the second year of the three-year program this weekend, June 5 – 7, at Campion College in Regina. This month, we will delve into Intro to Canon Law, Spirituality, and Pneumatology. The Lay Formation Program can help. Our next intake will happen in the Fall of 2027. Contact Deacon Eric Gurash for more information at egurash@archregina.sk.ca or phone 306-720-6724.

Parish Resources for Spring Campaign

Sunday, June 7: - The Most Holy Body and Blood of Christ (Corpus Christi) Bulletin Reflection
Bulletin Reflection - On the Solemnity of the Most Holy Body and Blood of Christ, we are drawn into one of the most profound teachings of Jesus Christ: "I am the living bread that came down from heaven." These words are not symbolic alone but are deeply personal and real. Jesus does not simply give something; He gives Himself. In the Eucharist, Christ becomes our nourishment, sustaining us with His very life. This is a gift that goes beyond understanding, it is meant to be received. Nourished by the Eucharist, we are sent to become what we receive which is the Body of Christ in the world. The love we encounter at the altar is meant to be lived out in our daily lives, especially in service, generosity, and care for others.

Prayer of Intercession : For all who receive the Body and Blood of Christ, that we may remain in Him and bear fruit through lives of charity and unity, we pray to the Lord may come to know that God did not send His Son to condemn, but to save, we pray to the Lord.

Visitation House Anniversary BBQ

Visitation House is having a BBQ to celebrate their 25th Anniversary

On Saturday, June 20, 2026. We will start the celebration at 11:00 AM with

Mass, Fr. John Weckend will be the celebrant

BBQ lunch will follow from 12:00 – 3:00 PM

Hotdogs, hamburgers and salads

Please join us from for an enjoyable afternoon.



You Did It For Me:

The Call to Mission Animated by Hospitality



The St. Philip Neri Parish Summer Festival of Faith, takes place in Saskatoon, July 8-14. Registration is now open! Speakers: Fr. Ron Rolheiser, OMI, Eric A. Clayton, and others. All are welcome. Free-will offering. We eagerly welcome all who wish to attend one or more cost-free sessions during the festival. This year we welcome, as our featured presenters, our very own beloved Fr. Ron Rolheiser, OMI, as well as Eric A. Clayton, an award-winning author, storyteller, retreat leader, and the deputy director of communications for the Jesuit Conference of Canada and the USA. This year we request that all participants register for sessions prior to July 6th. If you have any questions, please do not hesitate to contact us. We also welcome volunteers to help ensure a meaningful experience for all. For more details, to register, or volunteer, visit the event site here. Or visit the parish website at stphilipneriparish.ca

Common Territory: Indigenous and Newcomer Stories of Belonging



Presented by the Regina Region Local Immigration Partnership (RRLIP) in partnership with the RRLIP Anti-Racism and Discrimination Working Group (AR/DWG).

Produced by the Chilliwack Local Immigration Partnership in collaboration with Bear Image Productions, this documentary brings together the voices of Indigenous Peoples and newcomers to explore shared experiences of belonging, displacement, and cultural identity. Through personal stories, the film highlights connections to land and the ongoing journey of maintaining cultural identity in Canada. Tuesday, June 16, 2026, 11:00 a.m. – 1:00 p.m. Film Theatre, Regina Public Library (2311 12 Ave.) This event offers an opportunity to come together, learn, and engage in meaningful conversation in a welcoming and inclusive space. Light refreshments will be provided.