LITTLE FLOWER PARISH

FIRST SUNDAY OF ADVENT

NOVEMBER 29, 2026



Little Flower Weekend Masses

Saturday 5pm
Sunday 10am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4pm
Wednesday to Friday 8am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10am

Office Hours (for in-person service)
Monday to Saturday: 9am to 1pm

Parish Staff
Parish Administrator: Rev. Danilo Rafael
Office Administrator: Lilian Marouelli &
Valerio Quirino

Caretaker/Maintenance: Rick Morin

MISSION STATEMENT: *Little Flower Parish, as a faith community, reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



420 College Avenue
Regina, Saskatchewan
S4N 0X2
Phone 306-522-8583
Email: littleflowerregina@sasktel.net
www.littleflowerregina.ca

Little Flower is wheelchair accessible through the Edgar Street entrance

Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

First Sunday of Advent
November 29, 2026

Theme: Today marks the beginning of the church year, and our celebration leads us into the mystery of time redeemed by Jesus. He is the Lord of history and all time now bears his stamp. This Eucharist proclaims today in sign, the glory that one day will be fully revealed.



Mass Intentions

Tuesday	4:00 pm	†Repose of Gloria Benson
Wednesday	8:00 am	Int. of Ezekiel Narzoles
Thursday	8:00 am	†Repose of Cathy Koch
Friday	8:00 am	†Repose of Msgr. Gerry del Prado
Saturday	5:00 pm	†Repose of Cathy Koch and Dexter Cabasa
Sunday	10:00 am	No Mass Intentions

Altar Server: Barb Aman

Contact the Parish Office to request a Mass for your loved ones. The 2027 Mass Intention Calendar is now open.

The First Sunday of Advent

Today marks the beginning of a new Church year and the season of Advent, a time of joyful expectation and renewed hope. As we enter this season, we are invited to pause amid the busyness of our daily lives and make room for God. Advent is not only a time to prepare for the celebration of Jesus' birth, but also an opportunity to renew our faith and recognize Christ's presence in our families, our community, and those around us. As we light the first Advent candle, may its light remind us that hope is always present in Christ.

May this Advent season bring peace to our hearts, strengthen our faith, and inspire us to share Christ's love with everyone we meet.

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially through the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains are available to visit patients and families for spiritual support. To request a visit, call:

General Hospital: 306-519-1405
Pasqua Hospital: 306-519-1380
Wascana Rehab Centre: 306-530-6511

If you're admitted through the ER, you may not be asked about spiritual care, so please call the number above or notify your parish. Also, let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bits

November 29, 2026
First Sunday of Advent

"Be watchful! Be alert! You do not know when the time will come." - Mark 13:33

We all take things for granted. In particular, we take time for granted. We make our lives too busy. We plan our days, weeks, months, even years in advance. Remember, our time on earth is a gift. None of us knows how long we will be here. Start today and begin thanking God for each and every day. Take time in silence, every day, and listen to how God is calling you right now to help build His kingdom on earth.

Jingle Bell Market



Get into the Christmas spirit and join us for a wonderful day of holiday shopping, delicious treats, and festive fun!

Next Saturday, December 5, from 10 AM to 3 PM, Little Flower will be hosting its Jingle Bell Market. Come browse a variety of handmade crafts, find unique Christmas gifts, enjoy delicious homemade baking, and try your luck at our Money Tree Raffle.

Bring your family and friends, and help support our parish community while enjoying some Christmas cheer. We look forward to seeing you there!

Operation Christmas Child



Thank you to everyone who supported **Operation Christmas Child** this year! Because of your generosity, many children will have an extra-special Christmas. A total of **77 shoeboxes from Little Flower** will be delivered to children in need around the world. Your kindness and generosity are greatly appreciated.

2026-2027 Sunday Missals



The new Sunday Missals are now available for **$5 each**. Pick up your copy at the back of the Church and get ready for the upcoming Advent season.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Louise Wingerter, Judy Klenk, Don Benz, and Rick Morin.

For the repose of the soul of: Marjorie Benz.

Advent Recollection 2026
Make Us Your Dwelling Place: Come, Lord Jesus!



As we journey through Advent, you are invited to join us on **Wednesday, December 9, from 7:00 to 8:30 PM at Little Flower Parish** for an evening of prayer, reflection, and spiritual renewal, led by Arnel Daliva.

Inspired by John 14:23, this recollection invites us to reflect on God's desire to dwell within us and how we can welcome Christ into our daily lives through faith, Christian charity, and worship.

Fr. Dan will also be available to hear Confessions before and after the recollection.

All are welcome! Come and take part in this special opportunity to deepen your faith and prepare your hearts for the celebration of Christmas.

Volunteer Forms



If you have received a Volunteer Form, we kindly ask you to complete and return it by placing it in the collection boxes at the back of the church. Thank you for your willingness to share your time and talents and for helping make our parish community stronger!

Christmas Church Decorating



Join us on **Sunday, December 6, after the 10:00 AM Mass** to help decorate our church for Christmas! All helping hands are welcome. For more information, please contact Kevin at 306-781-2195 or Cheryl at 306-216-0844.

Archbishop's Appeal November 29

Bulletin Reflection

1st Reading: Isaiah 63:16b-17, 19b; 64:2-7; 2nd Reading: 1 Corinthians 1:3-9; Gospel: Mark 13:33 In today's readings, we are reminded of our need for God's presence and our call to remain watchful and faithful. In the Gospel, Jesus encourages His disciples to stay awake and be ready, trusting that God is always at work in their lives. The season of Advent invites us to prepare our hearts for the coming of Christ—not only as we celebrate His birth, but also by recognizing His presence with us each day. Isaiah's prayer reminds us that God is our loving Father who shapes and guides us, while St. Paul encourages us to remain confident in the gifts and grace God has given us. As we begin this season of hope and anticipation, may we open our hearts to Christ and look for opportunities to share His love with those around us through prayer, kindness, and generosity.

Prayer of Intercession

For all of us, that during this Advent season we may remain watchful for Christ's presence, growing in faith, hope, and love as we prepare our hearts to welcome Him. We pray to the Lord.

Eucharistic Miracle Pilgrimage to Italy

You are invited to join a special Eucharistic Miracle Pilgrimage to Italy from November 8–16, 2027! Visit sacred destinations including Rome, the Vatican, Bolsena, Orvieto, Lanciano, Manoppello, and Assisi. This pilgrimage offers a wonderful opportunity to deepen your faith through visits to at least four Eucharistic miracle sites, daily Mass, a Papal Audience, St. Peter's Basilica and Crypt, the tomb of St. John Paul II, and the tombs of St. Francis and St. Carlo Acutis, among other sacred places.

For more information, join a Zoom **Pilgrimage Sneak Peek on November 30 at 6:00 PM.** For inquiries, please contact Sheila at **306-581-0667** or **sheila@viafidetravels.com**.

Development and Peace – Become a Member



Would you like to make a difference in the world? Become a member of Development and Peace – Caritas Canada and join a community committed to peace, justice, and international solidarity.

As a member, you can participate in educational activities, support advocacy initiatives, and help strengthen fundraising campaigns that support marginalized communities around the world.

Membership is FREE until February 10, 2027, for people of all ages!

Learn more or join at: Development and Peace – Caritas Canada

Blessed Sacrament – Taizé Advent 2026



Taizé Advent Ecumenical Prayer will take place at Blessed Sacrament Church, 2049 Scarth Street, downtown Regina, on Mondays, November 30 and December 7, 14, and 21, at 5:00 PM. Through the beautiful, simple chants of Taizé, take a moment to pause, reflect, and deepen your encounter with God in quiet prayer as we prepare for Christmas. Everyone is welcome, regardless of background or denomination.

Jesse Lamont Presents "BELIEVE"



Jesse Lamont returns to the Conexus Arts Centre with *BELIEVE: A Christmas Tribute to Michael Bublé & Josh Groban* on **Sunday, December 13, at 7:00 PM**.

For tickets, contact the Conexus Box Office at 306-525-9999. We invite our parish community to support Jesse and enjoy this special performance!

Pope's Monthly Prayer Intention - November

For Proper Use of Wealth

Let us pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service of the common good and solidarity of those who have less.