

# LITTLE FLOWER PARISH

## PENTECOST SUNDAY

### MAY 24TH, 2026

#### Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

**Reconciliation** prior to mass OR by appointment

#### Weekday Masses

Tuesday 4 pm

Wednesday and Friday 8 am

Thursday 9:45am

#### College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

#### College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

#### Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

Saturdays: 9 am to 1 pm

#### Parish Staff

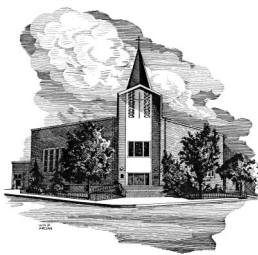
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &  
Valerio Quirino

**Caretaker/Maintenance:** Rick Morin



**MISSION STATEMENT:** Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)



Little Flower is wheelchair accessible through the Edgar Street entrance



**Land Acknowledgement :** Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

# PENTECOST SUNDAY

## MAY 24TH, 2026

**Theme:** The Spirit comes with force and excitement; the Spirit comes in quiet peace. However we experience his presence, he is the gift of life, God's own life within us. Sharing one life in the Spirit makes even our differences precious; in him, we complete each other.



### Mass Intentions

Tues., May. 26 — 4:00 pm Intentions for Brenda Wilson  
Wed., May. 27 — 8:00 am Intentions for Dwaine Wingerter  
Intentions for Irene Congson Birthday  
Thur., May. 28 — 9:45 am †Repose of Arlene Eckert  
Frid., May. 29 — 8:00 am †Repose of Marcella Kurtz  
Sat., May. 30 — 5:00 pm †Repose of Frank & Cecilia Sali

**Altar Server: Barb Aman**

**Events: Pastoral Council Meeting 28th May—7pm**

### St. Thérèse



St. Thérèse of Lisieux believed that love is expressed through attention to the small things that fill our daily lives. Mother Teresa of Calcutta practiced the “Little Way” taught by St. Thérèse, and shared it with millions of people around the world. It is impossible to measure St. Thérèse of Lisieux’s impact on history, but it is vast.

**St. Thérèse said: “ You know well that Our Lord does not look so much at the greatness of our actions, as at the love with which we do them.”**

### Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

### Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511



If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish. Please also let your parish know if you’ve been admitted to the hospital.

## Stewardship Bulletin Bits

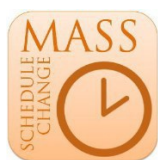
May 24, 2026

Pentecost Sunday

**“To each is given the manifestation of the Spirit for the common good.” 1 Corinthians 12:7**

To receive the gifts of the Holy Spirit you must open your heart and invite Him in! Ask the Holy Spirit to guide your thoughts, words and actions every day! Be grateful for all the gifts God has given you! Regardless of our individual circumstances, God has given all of us many blessings. What we do with those gifts is our gift back to God! By generously sharing everything we have and everything we are, we become more “God-centered” and less “self centered” and our lives truly reflect God’s light, love and mercy.

### Mass Time Change – May 28



Please note that although our daily Mass is usually celebrated at 8:00 a.m., on May 28th parishioners are invited to join St. Augustine Catholic School for a special liturgy. On that day, Mass will be celebrated at 9:45 a.m.

We thank you for your understanding and look forward to celebrating together.

### Pentecost Sunday



This day we celebrate the coming of the Holy Spirit upon the Apostles, filling them with courage, wisdom, and strength to proclaim the Gospel to all nations. This feast reminds us of God’s abiding presence in the Church and in our lives through the gift of the Holy Spirit.

Often called the “birthday of the Church,” Pentecost marks the beginning of the Church’s mission in the world. Through the Spirit, the Apostles were united in faith and empowered to share Christ’s message of hope, love, and salvation with people of every nation and language.

As we celebrate this holy day, let us open our hearts to the gifts of the Holy Spirit and ask for renewal in our faith. May the Spirit guide our parish community in unity, peace, and service, helping us to live as faithful disciples of Jesus Christ each day.

## Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk, Marg Benz.

### Flower Offering in Honor of the Blessed Virgin Mary



To conclude our month-long Marian devotion in May, we will hold a special Flower Offering on May 31 in celebration of the Feast of the Visitation of the Blessed Virgin Mary. This beautiful tradition is an opportunity for parishioners to honor Our Lady with prayers and flowers as a sign of love and devotion.

Parishioners are kindly asked to bring their own flower to be offered during the celebration. We warmly invite everyone—families, children, youth, and parish groups—to join us in this meaningful gathering as we come together in prayer and thanksgiving under the loving care of the Blessed Virgin Mary.

### CWL Little Flower 95th Anniversary Celebration

Please join us in celebrating the CWL Little Flower 95th Anniversary on June 7, the Solemnity of the Most Holy Body and Blood of Christ.

Thanksgiving Mass will be celebrated at 10:00 a.m., followed by a reception immediately afterward. All are warmly invited to attend this special celebration.

### Little Flower Parish Youth Group



All youth in Grades 9–12 are warmly invited to be part of the new Little Flower Parish Youth Group. Join us one Sunday each month from 7:00–8:30 p.m. for an evening of faith, friendship, prayer, fellowship, and fun. Together, we hope to create a welcoming space where young people can grow in God’s love, build community, and share life with one another. For more information, please scan the QR code and complete the interest form.





### **Emmaus Men's Spiritual Peer Support – Now Forming**

Are you a man living with mental health challenges and looking for a place of faith, honesty, and support? We are currently forming a Men's Emmaus Spiritual Peer Support Group, a space for prayer, real conversation, and mutual encouragement grounded in Christ. This group would meet monthly, with in-person and online options available. If you are interested in taking part, please reach out: [emmausmentalhealth@gmail.com](mailto:emmausmentalhealth@gmail.com)

### **Emmaus Women's Spiritual Peer Support Group (Online)**

Are you a woman living with mental health challenges and seeking faith-filled support? Our Emmaus Women's Spiritual Peer Support Group offers a welcoming, confidential online space to share, pray, and walk together in hope. Rooted in our Catholic faith, these gatherings are centered on accompaniment, encouragement, and the gentle presence of Christ. This group currently meets once a month online, making it accessible for many. To learn more, please contact Bronwyn Angley – [bronwyn.angley@gmail.com](mailto:bronwyn.angley@gmail.com)

### **Emmaus Mental Health Caregivers Support Group**

Are you supporting a loved one living with mental health challenges? You are not alone. Our Emmaus Spiritual Peer Support for Caregivers groups offer a safe, faith-based space for those walking alongside a loved one experiencing mental health struggles. These gatherings provide prayer, reflection, and compassionate peer support rooted in the hope of Christ. We currently have groups operating once a month in Regina & Saskatoon with in-person and online options available. For more information or to join, please contact: [emmausmentalhealth@gmail.com](mailto:emmausmentalhealth@gmail.com)



### **Archdiocese of Regina Lay Formation: Forming Disciples, Shaping the Future**

The Archdiocese of Regina Lay Formation Program will gather for its annual retreat from May 22 to 24 at St. Peter's Abbey, Muenster. This year, they will be on a retreat led by the spiritual directors in formation. Please pray for all on retreat and for the formation team. Our next intake will happen in the Fall of 2027. Contact Deacon Eric Gurash for more information at [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca) or phone 306-720-6724.

### **Catechists, What do you Seek? You are a guide, guiding Souls**

September 19th, 2026: a seminar, recognizing the catechist's role as a witness, not just a teacher. Explore what it means to be a synodal catechist, to grow in holiness, sustain ministry and accompany others as they grow in faith. For more information contact: [rbarr@archregina.sk.ca](mailto:rbarr@archregina.sk.ca)

With special thanks, made possible through the Ursuline Sisters' Legacy Gift.

### **CUERNAVACA Cuernavaca Project**

Is filling a container to ship to our school. Our wish list is nightstands, single mattresses, steel bed frames on wheels, plastic totes, and plastic drawer stands. Please email Joan Rink at [jmrink@sasktel.net](mailto:jmrink@sasktel.net) or phone at 306- 533-1648.

### **St. Philomena Walking Pilgrimage Announcements**

The 8th annual St Philomena Walking Pilgrimage will start at Yorkton on August 11 and will finish at Our Lady of Lourdes shrine at Rama on Aug 14. This is a supported pilgrimage with arranged overnight stops, meals, and rest stops through the day. Transportation to the next rest stop is provided for those don't wish to walk the whole distance. Pilgrims can walk every day or just one day if they wish. Friday August 14 is our shortest day and the day we arrive in Rama. [www.stphilomena.ca](http://www.stphilomena.ca)