

LITTLE FLOWER PARISH

32ND SUNDAY IN ORDINARY TIME

NOVEMBER 09, 2025

Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

Saturdays: 9 am to 1 pm

Parish Staff

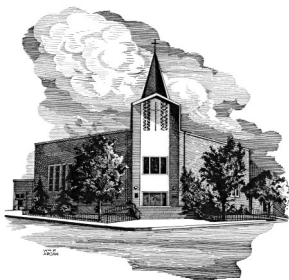
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &
Valerio Quirino

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is wheel-chair accessible through the Edgar Street entrance

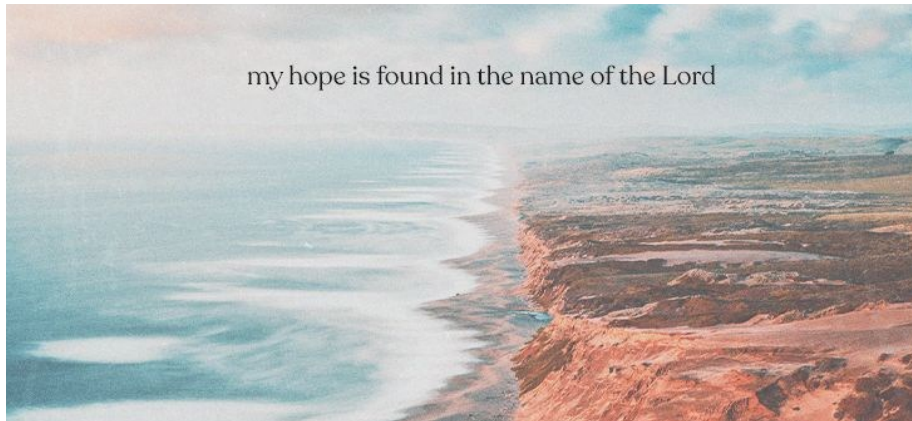


Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

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NOVEMBER 09, 2025

Theme: Alive! We are alive for God. If we live with justice, even in the face of evil torture and death, we can have hope in a faithful God who restores us to life.



St. Thérèse



The Martin household was a lively place. As a young child, St. Thérèse thrived on the love which surrounded her in their Christian home. It was there, where prayer, the liturgy, and practical good works formed the basis of her own ardent love of Jesus – her desire to please Him

and the Virgin Mary.

St. Thérèse said:

"Our fulcrum is God.

Our lever is prayer, prayer which burns with love.

With that we can lift the world!"

Mass Intentions

Tuesday, Nov. 11	4:00 pm	Repose of Clair Wingerter
Wed., Nov. 12	8:00 am	No Mass Request
Thur., Nov. 13	8:00 am	Healing Intentions for Kalay Dumont
Friday, Nov. 14	8:00 am	No Mass Request
Sat., Nov. 15	5:00 pm	Intentions for Helen & Ceci Coupal

Altar Server: Gabe Seiferling

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- General Hospital – 306-519-1405
- Pasqua Hospital – 306-519-1380
- Wascana Rehab Centre – 306-530-6511

If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish.

Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bits
32nd Sunday in Ordinary Time

November 09, 2025

"Do you not know that you are the temple of God, and that the Spirit of God dwells within you?" 1 Corinthians 3:16 Simply remembering that we are "temples of the Holy Spirit" should make our daily decision making relatively easy. If we truly want to imitate Jesus, then our words and actions should reflect the love, mercy, and forgiveness that flow from His Sacred Heart. Try it for one week. Try to remember that we temples of the Holy Spirit and see how it affects the way that you live.

Jingle Bell Market



Do you need help with your Christmas gift shopping or your Christmas baking? Let us help you!

On Saturday, November 29 Little Flower will be hosting a Christmas Market.

There will be crafts to purchase as gifts as well as delicious home baking.

If you are an interested crafter, or know someone, please contact Carol Kuntz for more information at 306-543-0915 or ca.kuntz@sasktel.net

If you are willing to help out the parish by supplying some baking, we would be forever grateful. Please contact Kathy Szarkowicz for more information at 306-535-6224 or j.k.szarkowicz@sasktel.net.

Operation Christmas Shoe Box



Shoe boxes are now available at the church!

If you'd like to take part, pick up a box after Mass, fill it with small gifts, and return it to the parish office during office hours.

Please make sure all filled boxes are returned no later than November 23rd.

Let's share joy and love around the world this Christmas season — one box at a time!

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for the repose of the souls of Tim Wingerter, Hartley

O'Connor.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk and Marg Benz.

Pray especially for : Annetta who had knee surgery.

Food Drive



Our next Food Drive collection will take place on weekend, November 08 and 09. All contributions are welcome and appreciated as we continue to support those in need.

Together, we can help feed those who need it most!

Remembrance Day Reflection



On this Remembrance Day, we remember with gratitude all who gave their lives in the service of peace and freedom. Their sacrifice echoes the words of Christ:

"Greater love has no one than this, to lay down one's life for one's friends." (John 15:13)

May the Lord grant eternal rest to those who have fallen, and comfort to the families who still mourn their loss.

Let us also pray for healing and peace for all who have been wounded by war — in body, mind, or spirit.

As we honor their memory, may we be inspired to live as instruments of God's peace and love in our world today.

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. **Amen.**

Thinking Faith S03 E08/E10: Navigating Faith, Free Will, and Sin – St. Jerome's, Hyattsville Q&A - Part 3



This week on the Thinking Faith Catholic Podcast, Deacon Eric Gurash and Dr. Brett Salkeld respond to more thoughtful questions from the St. Jerome's Youth Group in Hyattsville, Maryland. Together, they explore some of the most profound mysteries of Christian faith — free will, sin, and God's purpose for humanity. Why would God create people knowing they would sin? How essential is free will to genuine love and faith? What does redemption reveal about the worth of every human being? Drawing from theology, personal experience, and pastoral ministry, Deacon Eric and Dr. Brett reflect on how young people can grow in faith through both questions and community.

https://youtu.be/VIBQQ4M-KSE?si=g_Tjc1TXjLrwbym9

Archbishop's Appeal Bulletin Reflection



Today, we celebrate God's presence in His temple and the call to be living temples of the Spirit. Ezekiel's vision of life-giving waters flowing from the temple reminds us that God brings refreshment and renewal to all creation. St. Paul teaches that we are God's temple, and the Spirit dwells within us, guiding our actions. The Annual Appeal is an opportunity to support parish ministries that nurture faith, build community, and extend God's care to others. Your generosity helps ensure that Christ's presence continues to flow through our parish, touching lives with hope and love.

Prayer of Intercession



For the Church and all who serve in it, that we may be faithful stewards of God's temple through our prayer and generous support—let us pray to the Lord.

The Five Secrets of Hope Date:



Wednesday, December 3, 2025 Time: 7:00 – 8:30 p.m. Location: Little Flower Parish with the Myriam Family

Evening retreat with the Myriam Family – songs, sharing, adoration, and confessions.

On this Jubilee Year of Hope, let us continue to deepen the means given to us through our Baptism, to live and cultivate hope in our daily life.

The Regina Archdiocese Catechesis Department Presents: Newman Theological College Catechist Course



ARCHDIOCESE OF

Regina

Are you a Pastoral Assistant, Sacrament Prep Coordinator, RCIA Instructor, Children's Liturgy Teacher or Bible Study Leader, or discerning the Catechist ministry? Then this Catechist Course is for you!

Subsidized, online two-year Catechesis Certificate. Starting January 2026, space is limited. Please register immediately.

To register or for more information, Email:

rbarr@archregina.sk.ca

Indigenous Pastoral & Lay Leader Ministry Education Program (IPL)



An online program offered by the Roman Catholic Diocese of Saskatoon in response to the TRC Calls to Action, led by teams of Indigenous and non-Indigenous instructors modelling respectful and reconciling relationships.

The next online IPL series of four courses will begin in January 2026, held on Tuesday afternoon, 7:00 pm to 8:30 pm SK time. Introduction to First Nations Studies – Jan. 6 to March 3, 2026 (\$200) –

Please register online at:

form.jotform.com/252866434070256

Indigenous-Settler Relationship – April 14 to June 9, 2026

Introduction to Reconciliation – Sept. 15 to Nov. 10, 2026

Introduction to Contemporary Effects of Colonization I: Social Justice – Jan. 5, 2027 to March 2, 2027

Participants can register for a single course or more – but those who complete all four courses will earn a certificate. Find a video overview and participant reflections at rcdos.ca/indigenous-ministry-education or for more info, contact programs@rcdos.ca or call (306) 659-5844.