

LITTLE FLOWER PARISH

SIXTH SUNDAY IN ORDINARY TIME

FEBRUARY 15TH, 2026

Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Ash Wednesday (Feb. 18) - 6 pm, no 8 am Mass

Thursday & Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

Saturdays: 9 am to 1 pm

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &
Valerio Quirino

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue
Regina, Saskatchewan
S4N 0X2
Phone 306-522-8583



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

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FEBRUARY 15TH, 2026

Theme: We receive wisdom to make positive choices from God. The power of the Holy Spirit, with the ten commandments as our guideline, enables us to carry out these choices.



Mass Intentions

Tuesday, Feb. 17	4:00 pm	†Repose of Tim Wingerter
Wed., Feb. 18	6:00 pm	†Repose of Maria
(ASH WEDNESDAY)		
Thur., Feb.. 19	8:00 am	†Repose of Katherine Seiferling
Friday, Feb. 20	8:00 am	†Repose of Clair Wingerter
Sat., Feb. 21	5:00 pm	†Repose of Ken Bast

Altar Server: Jean Zdunich

Events: Finance Meeting: February 19th—7pm

St. Thérèse



St. Thérèse of Lisieux was a Carmelite nun whose service to her order, although seemingly unremarkable, was later recognized for its spiritual accomplishments. She is a patron saint of missionaries, florists, pilots and priests. She is also invoked on behalf of the sick. She was canonized by Pope Pius XI in 1925, and was named a Doctor of the Church by Pope John Paul II in 1997. St. Therese is the youngest person to be designated a Doctor of the Church, and is one of only four women.

St. Thérèse said: “ Remember that nothing is small in the eyes of God.”

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511



If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish. Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bits
February 15, 2026
Sixth Sunday in Ordinary time

“For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.” Matthew 5:20

The Pharisees lived according to the letter of the law, and they used this to elevate themselves above the other people. Jesus is clear – it’s the love that you have in your heart, for God and others, that will get you to heaven. Simply following church rules to the letter and not out of love does not necessarily put you on the path to heaven. Attending Sunday Mass and then gossiping about a fellow parishioner in the parking lot is an example of being a modern-day Pharisee.

Stations of the Cross



The Stations of the Cross will be prayed on Tuesday, February 24, after Mass. This devotional prayer invites us to reflect on the Passion of Christ as we journey with Him through the fourteen stations. All parishioners are warmly invited to participate in this time of prayer and reflection.

Sixth Sunday in Ordinary Time – Year A



On this Sixth Sunday in Ordinary Time, the Word of God invites us to reflect on the true meaning of God’s law. In the Gospel, Jesus reminds us that He came not to abolish the Law, but to fulfill it, calling us to a righteousness that goes beyond external actions and reaches the heart. True faith is shown through love, mercy, and faithfulness in our daily choices.

Jesus challenges us to examine our attitudes, words, and relationships, inviting us to choose reconciliation over division and love over selfishness. God gives us the freedom to choose our path, and His commandments guide us toward life and authentic happiness. May this Eucharistic celebration strengthen us to live our faith with sincerity and integrity.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out. Pray for: Barb Aman, Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk, Marg Benz, Chris & Ken Fahlman, Fr. Lorne Crozon, and Fr. Peter Pham. The Repose of the Soul of Katherine Seiferling.

Ash Wednesday



Our Ash Wednesday Mass will be at 6:00 PM on February 18. Please note that there will not be a morning Mass at 8:00 AM on that day, only the Ash Wednesday Mass at 6 PM.

Office Closed

The Parish Office will be closed Monday, February 16 for Family Day. In case of any emergency please leave a message at 306-522-8583 or email littleflowerregina@sasktel.net.

Lent as a Call to MISSION

Join us for an evening of prayer, reflection, and renewal as we deepen our Lenten journey and rediscover God’s call to bring His love to others.



Date: March 24, 2026

Time: 6:00 PM

Venue: Little Flower Parish

Let us come together as a community to be strengthened, renewed, and sent forth as missionary disciples this Lent. All are welcome! Please join us and invite your family and friends.

Lent

TF | S03 E16 | Archdiocese of Regina Lenten Retreats Bring Catholic Social Teaching to Life



In this episode of Thinking Faith, Deacon Eric Gurash is joined by Tashia Toupin to explore a series of Lenten retreats on Catholic Social Teaching offered by the Social Justice Commission of the Archdiocese of Regina. Through prayer, Scripture, art, and small group discussion, these retreats invite participants to deepen their understanding of key themes such as the dignity of work, economic justice, and the Catholic roots of social justice. With retreat locations in Esterhazy, Estevan, Regina, and Swift Current, this initiative makes faith-based social justice formation accessible across the diocese, helping Catholics live the Gospel more fully during the Lenten season. bit.ly/TFArchdioceseofReginaS03E16

Chrism Mass

Everyone is invited to join in this year's Chrism Mass. It will be held on Friday, March 27 at 2:00 pm at Holy Rosary Cathedral. This Mass will also be livestreamed to our YouTube Channel at: youtube.com/ArchdioceseRegina



Holy Hour of Prayer for Mental Health



Join us at Christ the King parish at 3239 Garnet Street in Regina on Thursday, February 26, from 7:00 pm to 8:00 pm for a Holy Hour of Adoration and Prayer focused on mental health needs. Whether you are living with mental health challenges, offering accompaniment and support for someone you love, or are a mental health ally, all are welcome to join us for this hour of quiet reflection and communal prayer with the Blessed Sacrament as we unite in faith and seek consolation, peace, and support. For more information and support, visit www.emmaussupport.ca.

The Catholic Health Association of Saskatchewan (CHAS)

Is committed to promoting a grounded, life-giving spirituality of aging. As part of this mission, we are excited to give away two copies of Fr. Ron Rolheiser's latest work, *Insane for the Light: A Spirituality for Our Wisdom Years*. Offer ends Ash Wednesday, Feb 18, 2026, at noon.

Details can be found in the CHAS newsletter available here <https://preview.mailerlite.io/emails/webview/983533/178300762328139264>



Lenten Mission: Rediscover Lent

With Kevin Philip of Boats on Fire Catholic Ministries We invite you to slow down, reflect and begin Lent with renewed purpose and hope. Guided by the words of Isaiah, "Return to me, for I have redeemed you" (Isaiah 44:22), we'll walk together through the Baptism, Temptation, and Proclamation of Jesus. You're welcome to attend one talk or stay for the whole day.

Date: February 21, 2026 at 9:00AM-2:30PM

Cost: Free Will Offering

Lunch (\$5/person) and childcare (free) are available; please register by February 17 for lunch and childcare by emailing htrinityfaithformation@outlook.com or on the sign up sheet in the Welcome Area. We'd love to have you join us.

Are you hurting because of an abortion?

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

Our next retreat in Saskatoon, Saskatchewan will be held on April 24-26, 2026

To register, please contact Elaine at 1-306-480-8911 or email r.vineyardsk@sasktel.net

Cuernavaca Store open at Resurrection Parish

Monday and Tuesday, Feb 23 and 24, 2 pm to 9 pm.

Men's shirts, t-shirts, kids' clothes, Tablecloths, purses, aprons, and silver.