

LITTLE FLOWER PARISH

11TH SUNDAY IN ORDINARY TIME

JUNE 14TH, 2026

Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

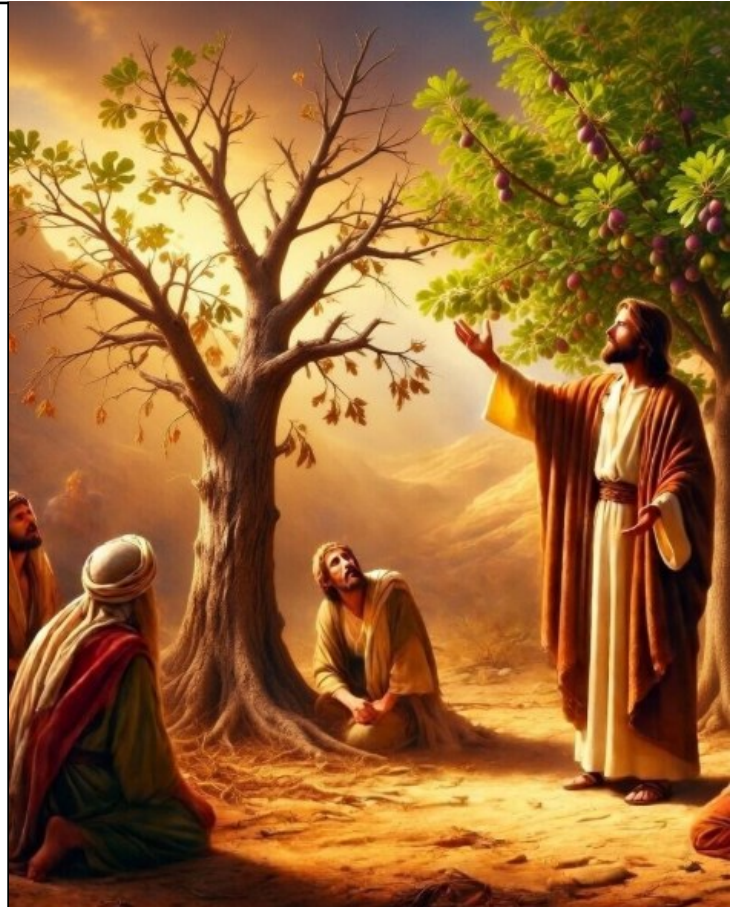
Saturdays: 9 am to 1 pm

Parish Staff

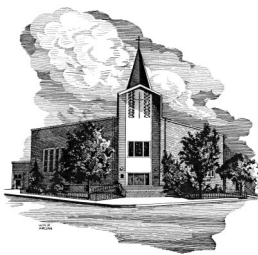
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &
Valerio Quirino

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

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JUNE 14TH, 2026

Theme: A father's love for his family mirrors God's own care for us. We are dear to the Lord, and the gift of love we receive must be passed on like seeds planted for future harvest.



Mass Intentions

Tues., June 16 — 4:00 pm Intentions for Doris Dietrich & Family

Wed., June 17 — 8:00 am †Repose of Anna & Paul

Thur., June 18 — 8:00 am †Repose of Anna & Paul

Frid., June 19 — 8:00 am †Repose of Pamela Kuntz

Sat., June 20 — 5:00 pm Intentions for Annie Dormuth

Altar Server: Barb Aman

Events: Vibrancy Meeting 16th June—2pm (Office)

Finance Meeting 17th June—7pm (Office)

St. Thérèse



St. Thérèse of Lisieux believed that love is expressed through attention to the small things that fill our daily lives. Mother Teresa of Calcutta practiced the “Little Way” taught by St. Thérèse, and shared it with millions of people around the world. It is impossible to measure St. Thérèse of Lisieux’s impact on history, but it is vast.

St. Thérèse said: “ You know well that Our Lord does not look so much at the greatness of our actions, as at the love with which we do them.”

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511



If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish. Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bits
June 14, 2026
11th Sunday in Ordinary Time

“As you go, make this proclamation: ‘The kingdom of heaven is at hand.’” Matthew 10:7

Many of us take our lives for granted. We think we have plenty of time to “repent.” Maybe we should live with a little more urgency in making things right with God. This is the difference in living our discipleship out of obligation versus out of love. Obligation implies we do the minimum required. Love implies we want a relationship. God wants us to be with Him in Heaven forever, but He also wants to be in relationship with us right now, while we are on earth. Start this second – invite the Lord into your heart.

Father’s Day Breakfast



Celebrate Father’s Day with family and friends at the Little Flower Parish Father’s Day Breakfast! Join us on Sunday, June 21, 2026, from 9:00 a.m. to 12:00 p.m. in the Little Flower Auditorium (420 College Avenue) for a delicious breakfast featuring pancakes, eggs, sausages, ham, strawberries with whipped cream, coffee, tea, and orange juice.

Tickets will be available at the door only (cash or e-transfer). Admission is \$14 for adults, \$7 for children ages 6–12, and free for children 5 and under. We look forward to celebrating and honoring all fathers and father figures in our parish community!

Stay Connected with Little Flower Parish



Looking for parish information? Visit our website, littleflowerregina.ca, your source for everything happening in our parish community.

On our website, you can find the latest parish bulletins, Mass intentions, upcoming events, Mass times, sacramental information, ministry updates, and much more. We encourage all parishioners to visit regularly and stay informed about parish life.

Thank you for staying connected with Little Flower Parish! We look forward to serving you both online and in person.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk, Marg Benz.

Little Flower Youth Group Kick-Off BBQ!



Calling all students in Grades 8–12! Little Flower Parish is launching a new Youth Group, and we’re kicking things off with a fun barbecue on Sunday, June 14 from 6:00–8:00 PM. Come enjoy hot dogs, chips, freezies, games, and community — and bring a friend or two! The youth that has the most friends sign up, wins a PRIZE! Gluten-free and vegetarian options will be available. Come hungry, come ready to laugh, and come see what Little Flower Youth Group is all about!



Little Flower Parish Youth Group



All youth in Grades 9–12 are warmly invited to be part of the new Little Flower Parish Youth Group. Join us one Sunday each month from 7:00–8:30 p.m. for an evening of faith, friendship, prayer, fellowship, and fun. Together, we hope to create a welcoming space where young people can grow in God’s love, build community, and share life with one another. For more information, please scan the QR code and complete the interest form.



11th Sunday in Ordinary Time – Year A



Today, we celebrate the 11th Sunday in Ordinary Time. In the Gospel, Jesus looks upon the crowds with compassion, seeing that they are weary and in need of guidance, like sheep without a shepherd. Moved by love, He calls His disciples and sends them to proclaim the Good News, bring healing, and share God’s mercy.

This Gospel reminds us that Christ continues to call each of us to be His disciples today. Through our words, actions, and daily witness, we are invited to reflect His love and compassion to those around us. Jesus also tells us that “the harvest is plentiful, but the laborers are few,” encouraging us to pray for vocations and respond generously to God’s call.

As we celebrate this Sunday, let us thank the Lord for His care and guidance. May He strengthen our faith and inspire us to be instruments of His peace, hope, and love, helping others experience the joy of Christ’s presence.

Canada Day Mass

Wednesday, July 1, 10 am

Blessed Sacrament Parish

2049 Scarth Street

Celebrant: Archbishop Don Bolen

Concelebrants: Rev. James Hentges Pastor, Blessed Sacrament Parish Rev. Warren Dungen

Pastoral Administrator, Ukrainian Catholic Eparchy of Saskatoon, St. Basil Parish Regina, and Montmarte District Parishes

After Mass, join in fellowship at the barbeque hosted by the Santo Niño Council of the Knights of Columbus.



Parish Resources for Spring Campaign

Sunday, June 14 – Eleventh Sunday in Ordinary Time
Bulletin Reflection - In this Sunday's Gospel, Jesus Christ looks out at the crowds and is moved with compassion. He sees people who are "harassed and helpless, like sheep without a shepherd." His response is not distant concern, but action. First, He calls His disciples. Then, He sends them. The calling of the Twelve Apostles reminds us that God's work in the world is carried out through ordinary people. They are not chosen because they are perfect or fully prepared, but because they are willing to follow. Jesus then entrusts them with His mission: to proclaim the Good News, to heal, to bring hope, and to serve. "The harvest is plentiful, but the laborers are few." These words still speak to us today. The need is great and the call continues.

Prayer of Intercession: For the Church, that she may continue Christ's mission with compassion, raising up faithful disciples to serve as laborers in the harvest, we pray to the Lord.

St. Philomena Walking Pilgrimage Bulletin

The 8th annual St Philomena Walking Pilgrimage will start at Yorkton on August 11 and will finish at Our Lady of Lourdes shrine at Rama on Aug 14. This is a supported pilgrimage with arranged overnight stops, meals, and rest stops through the day. Transportation to the next rest stop is provided for those don't wish to walk the whole distance. Pilgrims can walk every day or just one day if they wish. Friday August 14 is our shortest day and the day we arrive in Rama. www.stphilomena.ca

Congratulations to our Newly Commissioned

Spiritual Directors



Congratulations to the seven new Spiritual Directors in the Archdiocese of Regina. Commissioned to serve the faithful of the Archdiocese by Archbishop Donald Bolen at Campion College this weekend.

David Dyste, Bonnie Flaman, Beckey Franke, Brandi Klein, David Kopriva, Rodney Rieder, and Lynn Robertson

Archdiocese of Regina Lay Formation Update

The following have completed their second year of the Lay Formation Program:

Rita Omodia – St. Anne Parish, Regina

Ibukun Fasunhan – St. Anne Parish, Regina

Erika Nunez Santillan – St. Joseph Parish, Moose Jaw

Cody Geiger – St. James Parish, Southey

Reiny Currie – Christ the King, Regina

Chris Akpan – Christ the King, Regina

Marcel Mann – Holy Rosary Cathedral, Regina

Kene Ugwu – St. Anne, Regina

Joshua Kopriva – St. Anne, Regina

Pat Kopriva – St. Anne, Regina

Paul Chavez – Holy Rosary Cathedral, Regina

This past year, our participants have had the opportunity to deepen their understanding and experience of spiritual discernment and the spiritual life, and to hone practical skills in prayer and liturgical leadership.

Please pray for our candidates and the program.

If this intrigues you, we'd invite you to prayerfully imagine what it might be like to join us in Fall 2027. Please contact Deacon Eric Gurash at 306-721-6724 or email egurash@archregina.sk.ca.

Screening for the film "PERMISSION - Father Bob Bedard's Vision for the Church"



Come see the extraordinary true story of Fr. Bob Bedard, a Catholic priest whose radical openness to the Holy Spirit sparked a movement that crossed denominational boundaries worldwide. Father Bob's courage to do God's will and his compassion in dealing with those he encountered would shape his life and ministry. Loved by Catholics, Evangelicals, and people of all denominations, Fr. Bob became a spiritual father to thousands. The community he founded—the Companions of the Cross—continues his legacy today, with two bishops and many priests on fire for the Holy Spirit and the renewal of the Church.

SUNDAY, JUNE 28th - HOLY CROSS PARISH - 2:00 pm

COST: Free will offering to help 'pay it forward' so more people can see the film
Coffee and fellowship to follow

For more information, call or text Jeanine at 306-535-3290