

# LITTLE FLOWER PARISH

## SIXTH SUNDAY OF EASTER

### MAY 10TH, 2026

#### Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

**Reconciliation** prior to mass OR by appointment

#### Weekday Masses

No Mass 12—15 May (Clergy Retreat)

#### College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

#### College Park II Retirement Residence Liturgy

4th Friday of the month 10 am

#### Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

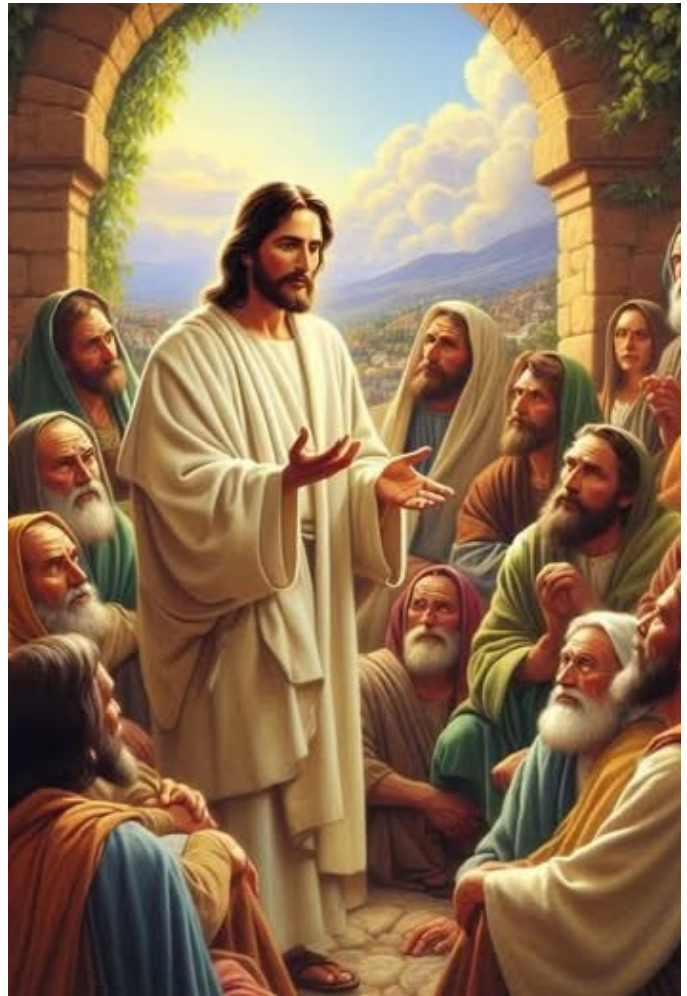
Saturdays: 9 am to 1 pm

#### Parish Staff

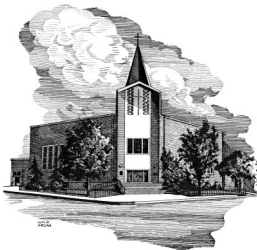
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &  
Valerio Quirino

**Caretaker/Maintenance:** Rick Morin



**MISSION STATEMENT:** Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue  
Regina, Saskatchewan  
S4N 0X2

Phone 306-522-8583

Email: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)



Little Flower is wheelchair accessible through the Edgar Street entrance



**Land Acknowledgement :** Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

# SIXTH SUNDAY OF EASTER

## MAY 10TH, 2026

**Theme:** The world is blind to the risen Lord. He not longer walks in the sight of those who reject him. But he has not forsaken us; he makes his home in the hearts of those who keep his commandments in love. He fills us with glory of the Father and the love of the spirit, and brings us to new and lasting life.



### Mass Intentions

Tues., May. 12	— 4:00 pm	No Mass
Wed., May. 13	— 8:00 am	No Mass
Thur., May. 14	— 8:00 am	No Mass
Frid., May. 15	— 8:00 am	No Mass
Sat., May. 16	— 5:00 pm	†Repose of Ronnie Strassburger Intentions for Florence & Bob Baker

**Altar Server: Gabe Seiferling**

### Sixth Sunday of Easter



As we celebrate the Sixth Sunday of Easter, we rejoice in the gift of Christ's love and His call to remain in Him. In the Gospel, Jesus invites us into a deeper relationship rooted in love, reminding us to love one another as He has loved us. This message encourages us to express our faith through acts of kindness, compassion, and service. When we open our hearts to His love, we become instruments of His peace and reflect His presence in the world around us.

May we continue to grow in faith and unity as a community, supporting one another and sharing God's love in our daily lives. Guided by His Spirit, let us bring hope and joy to all we encounter.

### Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

### Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511



If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish. Please also let your parish know if you've been admitted to the hospital.

## Stewardship Bulletin Bits

May 10, 2026

6th Sunday of Easter

**“For it is better to suffer for doing good, if that be God’s will, than for doing evil.” 1 Peter 3:17**

The old line says, “If you want to make God laugh, tell him your plans.” Many of us are diligent in our planning and making sure things are progressing smoothly. Then disaster strikes, we don’t get the result we anticipated, or an unforeseen problem arises. Many times, we may respond negatively and ask, “Why me? I did everything right!” Here’s the thing – adversity humbles us and reminds us of our dependence on God and not on our own self-reliance. Rest assured, God has a better plan in store for you.

### Changes in Weekday Mass Schedule



Please be advised that there will be no weekday Masses from May 12 to May 15. We appreciate your understanding and invite you to join us for our regular Mass schedule outside of these dates.

### Mother’s Day Blessing

This Mother’s Day, we give thanks for all mothers, grandmothers, godmothers, and the women who nurture and guide us with love and faith.

We remember with gratitude those who have been a source of care and strength in our lives, and we pray for those who find this day difficult—for those who have lost mothers, for those longing to be mothers, and for those in strained relationships.

May God bless all mothers with peace, joy, and continued strength. May they feel appreciated today and always for the love they share so generously.



## Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, and those who are alone and/or afraid to go out.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk, Marg Benz, Fr. Lorne Crozon, and Fr. Peter Pham.

## Reverence for Life Month



Since 2013, the Archdiocese of Regina has observed May as Reverence for Life Month, a time to celebrate the God-given dignity of every human life—from conception to natural death. It is a time to reflect, pray, and take action in support of life. Following Mass, CWL members will be available to distribute pamphlets that provide information on how to support and protect God’s precious unborn children as part of our Reverence for Life promotion.

## 33 Days to Eucharistic Glory – Optional Gathering



As part of our 33 Days to Eucharistic Glory journey, participants are warmly invited to an optional gathering for prayer, reflection, and encouragement as we continue walking together in faith.

This time together is an opportunity to share in community, deepen our understanding of the Eucharist, and support one another in this spiritual journey.

**Sunday, May 17 — 11:00 a.m. - Auditorium / Hall**  
All participants are welcome. We look forward to continuing to grow together in our love for Jesus in the Eucharist.

## Little Flower Parish Youth Group



All youth in Grades 9–12 are warmly invited to be part of the new Little Flower Parish Youth Group. Join us one Sunday each month from 7:00–8:30 p.m. for an evening of faith, friendship, prayer, fellowship, and fun. Together, we hope to create a welcoming space where young people can grow in God’s love, build community, and share life with one another. For more information, please scan the QR code and complete the interest form.



## Emmaus Men's Spiritual Peer Support – Now Forming

Are you a man living with mental health challenges and looking for a place of faith, honesty, and support? We are currently forming a Men's Emmaus Spiritual Peer Support Group, a space for prayer, real conversation, and mutual encouragement grounded in Christ. This group would meet monthly, with in-person and online options available. If you are interested in taking part, please reach out: [emmausmentalhealth@gmail.com](mailto:emmausmentalhealth@gmail.com)

## Emmaus Women's Spiritual Peer Support Group (Online)

Are you a woman living with mental health challenges and seeking faith-filled support? Our Emmaus Women's Spiritual Peer Support Group offers a welcoming, confidential online space to share, pray, and walk together in hope. Rooted in our Catholic faith, these gatherings are centered on accompaniment, encouragement, and the gentle presence of Christ. This group currently meets once a month online, making it accessible for many. To learn more, please contact Bronwyn Angley – [bronwyn.angley@gmail.com](mailto:bronwyn.angley@gmail.com)

## Emmaus Mental Health Caregivers Support Group

Are you supporting a loved one living with mental health challenges? You are not alone. Our Emmaus Spiritual Peer Support for Caregivers groups offer a safe, faith-based space for those walking alongside a loved one experiencing mental health struggles. These gatherings provide prayer, reflection, and compassionate peer support rooted in the hope of Christ. We currently have groups operating once a month in Regina & Saskatoon with in-person and online options available. For more information or to join, please contact: [emmausmentalhealth@gmail.com](mailto:emmausmentalhealth@gmail.com)



## The Myriam Family of the Prairies invites you

For a day retreat for adults on **May 23rd, 2026**

From **9:30 am to 4:00 pm**

With the theme:

### The Gifts of the Spirit in action in my life

The retreat will include Mass, Confessions, Holy hour, a talk, lunch and fellowship, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, SK, 45 km East of Regina. -Free will offering-

Please register by phoning at 306-761-0528 or email: [pss.prairies@famillemyriam.org](mailto:pss.prairies@famillemyriam.org)

## MAiD in Canada: What's Changing?



Have you heard about the planned expansion of Medical Assistance in Dying (MAiD) to include mental illness in 2027? Many Canadians are not aware of how much the law has already evolved.

You are invited to a special presentation on Saturday, May 16th at Resurrection Parish (3155 Windsor Park Rd.) from 1:00 to 2:30 pm (doors open at 12:30 pm). A livestream will also be available for those who cannot attend in person. The presentation will be given by Larry Worthen, Executive Director of the Christian Medical and Dental Association of Canada, offering insight into the MAiD expansion and its ethical, medical, and social implications.

This event is part of a province-wide speaking tour taking place May 11–16, in partnership with the Saskatchewan Pro-Life Association. It will provide clear information, healthcare perspectives, and space for reflection and discussion.

Learn more and RSVP: <https://hopedoesnotexpire.ca/tour#rsvp>

Hope to see you on May 16th!

## Walking With One Another: Faith & Mental Health



A morning session on supporting others, handling difficult conversations, and caring for your own well-being through a faith perspective.

**Saturday, May 30**

**8:30 a.m. – 12:00 noon (Registration at 8:30 a.m.)**

**Resurrection Parish – 3155 Windsor Park Rd, Regina (use back entrance)**

Presented by Deacon Eric & Melissa Gurash (Emmaus Mental Health Ministries)

- Open to everyone • Free will offering
- Pre-registration required

Register: [resurrectioncwl@gmail.com](mailto:resurrectioncwl@gmail.com) or 306-789-9311

## Alumni of Distinction Awards

Join Campion College for their 2026 Alumni of Distinction Awards Dinner on Thursday, May 14 at the Conexus Arts Centre! For more information and to purchase tickets: [campioncollege.ca/alumni/dinner/](http://campioncollege.ca/alumni/dinner/)

