

# LITTLE FLOWER PARISH

## FIRST SUNDAY OF ADVENT

### NOVEMBER 30, 2025

#### Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

**Reconciliation** prior to mass OR by appointment

#### Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

#### College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

#### College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

#### Office Hours (for in-person service)

Monday to Friday: 8:00 am to 12:00 pm

Saturdays: 9 am to 1 pm

#### Parish Staff

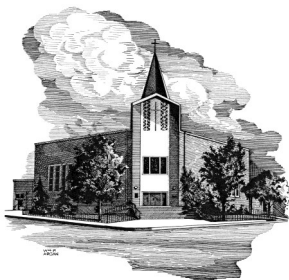
Parish Administrator: Rev. Jake Ibay

Office Administrator: Gabriela Junqueira &  
Valerio Quirino

Caretaker/Maintenance: Rick Morin



**MISSION STATEMENT:** *Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



420 College Avenue  
Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)



Little Flower is wheel-  
chair accessible through  
the Edgar Street entrance

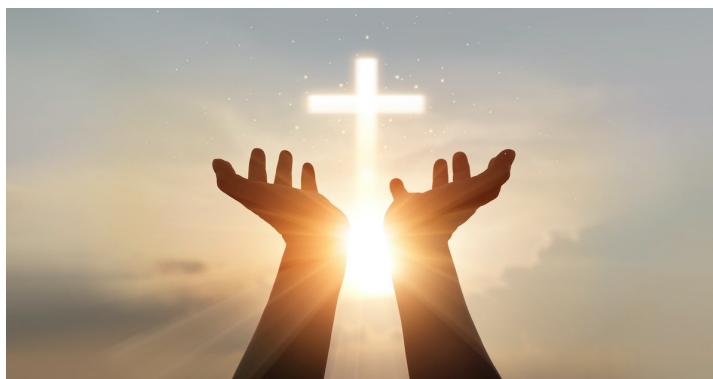


**Land Acknowledgement :** Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

# FIRST SUNDAY OF ADVENT

## NOVEMBER 30, 2025

**Theme:** Today marks the beginning of the church year, and our celebration leads us into the mystery of time redeemed by Jesus. He is the Lord of history and all time now bears his stamp. This Eucharist proclaims today in sign, the glory that one day will be fully revealed.



### Mass Intentions

Tuesday, Dec. 2	4:00 pm	† Repose of Ernest Sali † Repose of Raymond Luterbach & † Michael Dietrich
Wed., Dec. 3	8:00 am	No Mass Intentions
Thur., Dec. 4	8:00 am	No Mass Intentions
Friday, Dec. 5	8:00 am	No Mass Intentions
Sat., Dec. 6	5:00 pm	Intention for Eileen's Children

**Altar Server: Gabe Seiferling**

**Dec. 3rd - Advent Retreat at 7:00 pm**

### Holiday Mass Schedule

Celebrate the season with us at **Little Flower Parish!**  
Please note our special Mass schedule for the holidays:

- **December 24:** 6:00 PM
- **December 25:** 10:00 AM
- **December 26:** No Mass
- **December 30:** 4:00 PM
- **December 31:** 8:00 AM
- **January 1:** 10:00 AM
- **January 2:** No Mass



We warmly invite you and your loved ones to join us in prayer and celebration this holiday season!

### Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- **General Hospital** – 306-519-1405
- **Pasqua Hospital** – 306-519-1380
- **Wascana Rehab Centre** – 306-530-6511

### Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

If you are admitted through the emergency room, you may not be asked about spiritual care, so please call the number above or notify your parish.  
Please also let your parish know if you’ve been admitted to the hospital.

## Stewardship Bulletin Bits

November 30, 2025

### Solemnity of Our Lord Jesus Christ, King of the Universe

"...giving thanks to the Father, who has made you fit to share in the inheritance of the holy ones in light."

Colossians 1:12

God wants us to be happy! Instead of looking at the Ten Commandments as being restrictive and telling us what we can't do, look at them as guides for living a joy-filled and peaceful life. Most of our problems arise when we put our own needs first or we spend most of our time trying to acquire more stuff. Instead, try putting God first in all things. We were made for God. Open your heart and let Him in!

### Evening Retreat with the Myriam Family



**When:** Wednesday, December 3, 2025

**Time:** 7:00 — 8:30 p.m.

**Where:** Little Flower Parish

You are warmly invited to join the Myriam Family for a beautiful evening of music, sharing, adoration, and confessions.

As we celebrate this Jubilee Year of Hope, let us gather to rediscover the gifts we received in Baptism and to nurture hope in our daily lives. All are welcome—come and take part in an evening of faith, reflection, and community.

**The event is just around the corner, so be sure not to miss it!**

### Advent Begins – First Sunday of Advent

As we enter the holy season of Advent and begin Year A of our liturgical journey, we are invited once again to open our hearts with hope, expectation, and trust in God's faithful love. Advent is a gentle reminder that even in the busyness of our lives, Christ comes to meet us — quietly, tenderly, and with the promise of new beginnings.

May this season awaken in each of us a renewed desire to walk in God's light, to deepen our love for one another, and to welcome the Lord with hearts full of gratitude. As we prepare for the coming of Christ, may peace, joy, and blessing fill your homes and your families.

**Wishing all our parishioners a grace-filled Advent.**

## Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out.

Pray especially for the repose of the souls of Tim Wingerter, Hartley O'Connor.

Pray for: Annie Dormuth, Jose Estioco, Agnes Fahlman, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Judy Klenk and Marg Benz.

Pray especially for : Annetta who had knee surgery.

## Christmas Shoeboxes



We'd like to give a big thank you to everyone who supported the Christmas Shoebox campaign this year. We donated fifty boxes which is amazing because we were on a short time restraint. You can be assured that many children will be happy and excited to receive these precious gifts. Thank you also to the many helpers who helped carry the boxes out and loaded them in the trunk. From there, they were delivered to a drop off place before being shipped away to far off places.



## Christmas Lights Donations

As we look ahead to the Christmas season, we will soon begin adorning the church for this joyful time of year. To help brighten our worship space, we are kindly requesting donations of Christmas lights. If you have lights you would like to contribute, please feel free to bring them to the church. Thank you sincerely for your kindness and generosity.

## Join the Catholic Women's League



Come be part of a community that works, prays, and grows together. Consider joining the CWL (Catholic Women's League)!

For more information or to become a member, please contact Judy at 306-789-6980 or email [jklenk@myaccess.ca](mailto:jklenk@myaccess.ca).

We would be delighted to welcome you into our group.





## Thinking Faith S03 E08/E11: Miller High School Q&A: Jesus' words, who gets to heaven, faith and science, and more



In this Thinking Faith Q&A episode, Deacon Eric Gurash and Dr. Brett Salkeld answer questions from grade nine and ten students at Miller Catholic High School in Regina about faith, Scripture, and salvation. This week, they explore how to discern when Jesus speaks literally or symbolically, and whether anyone can be certain of heaven, offering a hopeful perspective on faith, mercy, and trust in God.  
<https://www.youtube.com/watch?v=RJXP8-GVy8o>

### Archbishop's Appeal

#### Bulletin Reflection



Today we celebrate the Solemnity of Christ the King, recognizing Jesus as the ruler of all creation and the source of our reconciliation and life. St. Paul reminds us that we are strengthened with gratitude for the inheritance we have in Him. In the Gospel, even in His suffering, Christ shows mercy, promising paradise to the repentant thief and teaching us the power of compassion and forgiveness. The Annual Appeal invites us to honor Christ's kingship through our generous support of parish ministries that serve, comfort, and build up our community. Your gifts help make Christ's reign visible in our parish, bringing hope and love to all.

#### Prayer of Intercession



For hearts strengthened by Christ the King's mercy, that our prayers and gifts may support the mission of our parish and bring hope to those in need—let us pray to the Lord.

### Miracles of Advent: Light in a Divided World



On Thursday, December 4, at 7:00 pm. Bring a candle and join the Canadian Council of Churches on Zoom for Miracles of Advent: Light in a Divided World. In 45 minutes, you'll hear three short stories your support makes possible, light a candle of hope with friends across traditions, and learn how you can help form young leaders and strengthen ministries serving neighbours in need. Bring a candle! (Or a phone light, if needed.) Register: [signup-can.keela.co/miracles-of-advent-light-in-a-divided-worldregistration-form-december-4](http://signup-can.keela.co/miracles-of-advent-light-in-a-divided-worldregistration-form-december-4)

## Regina Multi-Faith Forum Annual General Meeting



Thursday, November 27, 2025 at 7:00 pm  
Holy Rosary Cathedral, 3125-13th Avenue, Regina  
Tour of the cathedral will take place at 6:30 p.m. for those interested  
The agenda will include:

- 1) Presentation of the Spiritual Service Awards for 2025
- 2) The annual reporting and election of executive
- 3) 2026 Multifaith Calendars will be available. This year's theme is "Growth & Change"
- 4) Memberships for 2026 will also be available.
- 5) In lieu of a guest speaker, we will feature the opportunity for participants to play a board game to familiarize players with different faiths - their traditions, celebrations, and more.
- 6) Refreshments will be served

If we want the work of the RMFF to continue, we do need people from various faith traditions to take up roles. Come out and consider being part of the work that our constitution describes as: "understanding, appreciation and acceptance of the diverse religious communities living in Regina and surrounding communities and to work for a just and peaceful society." If you or someone you know have gifts in these areas or want to help in other ways, please consider nominations for these volunteer positions. You do not have to attend the AGM to let your name stand. Questions can always be asked by email to: [reginamultifaith@gmail.com](mailto:reginamultifaith@gmail.com) or by calling Liu at 306-541-9680.

### PRO-LIFE NEWS



The Liberal Government recently awarded over \$4.3 million in funding to researchers at the University of British Columbia Faculty of Medicine to promote abortion to minorities as part of over \$13 million in funding for pro-abortion groups under the "Sexual and Reproductive Health Fund".

According to UBC Medicine, the taxpayer dollars will fund research "to address barriers to abortion access for underserved populations." The group (UBC Contraception and Abortion Research Team) promised it would push abortion on minority and marginalized groups including migrants, Indigenous and other racial minorities, and disabled women.

Source: [Merkowsky, Claire Marie/LifeSiteNews/Oct 24/2025/ "Canada gives \\$4 million to promote abortion to SLGBTQI+ people, other "underserved" groups/](https://www.lifesitenews.com/uk/2025/10/24/canada-gives-4-million-to-promote-abortion-to-slgbtqi-people-other-underserved-groups/)