LITTLE FLOWER PARISH

29TH SUNDAY IN ORDINARY TIME OCTOBER 20TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m. Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m. Wednesday 8 a.m. Thursday 9:45 a.m. Friday 8 a.m.

College Park I Retirement Residence Liturgy 1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy 2nd & 4th Friday of the month 10 a.m.

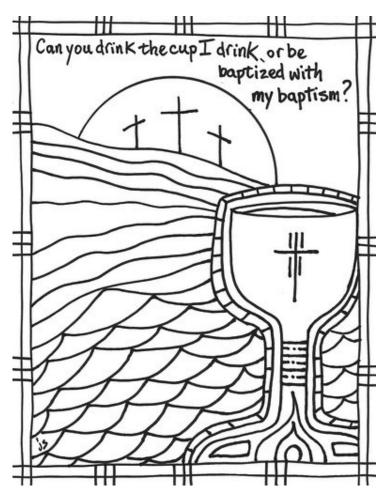
Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay Office Administrator: Valerio Quirino &



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue
Regina, Saskatchewan
S4N 0X2
Phone 306-522-8583
Email:
littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: God suffers with us. The worst pain of suffering and death is the pain of being alone. God in Jesus Christ has come among us to share our suffering and death. In the face of this suffering and death he affirms a loving Father of us all.



Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open.

Mass intentions for this week are:

Tues.22 +Repose of Lorne Zingbejl By Eileen Strassburger

Wed. 23 NO MASS INTENTIONS
Thurs. 24 +Repose of Clair Wingerter

By Cecil Wingerter

Fri. 25 +Repose of Kathleen Wingerter

By Cecil Wingerter

Sat. 26 Int. Of Don Patrick

By Annie Dormuth

Altar Server of the week: Jean Zdunich

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic

Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

St. Thérèse of Lisieux often wondered about prayer: How great is the power of prayer?



She wrote:

"To be heard it is not necessary to read from a book, some beautiful formula composed for the occasion. There are so many of them it really gives me a headache and each prayer is more beautiful than the others. For me,

prayer is an aspiration of the heart. It is a simple glance directed to heaven, a cry of gratitude and love in the midst of trial as well as joy."

St. Thérèse said: "What do I say to Jesus? I don't say anything. I love Him."

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bit October 20, 2024 29th Sunday in Ordinary Time

"For the Son of Man did not come to be served, but to serve and to give his life as a ransom for many." (Mark 10:45)

If you held a mirror up to your life, would it reflect God's love and mercy? If you are struggling with this, try changing your attitude from "I want more" to "thank you God for everything you have given me, I have enough to share". This change in perspective will bring you joy through service to others. Pray daily to become less self-centered and to become more God-centered.

Little Flower Parish Raffle

Join us for our exciting Raffle Fundraiser and support our parish! We have fantastic prizes to be won:

- First Prize: \$1,000 Cash
- Second Prize: King Size Quilt valued at \$800
- Third Prize: Double Size Quilt valued at \$400

The quilts have been generously donated by

Barb Aman, a talented and accomplished quilter from our parish who has crafted nearly 150 quilts.

Tickets will be available for purchase before and after Mass. All proceeds will go directly to supporting our parish. For more information, please contact: Edith Seiferling: (306) 757-1230 or Kathy Szarkowicz: (306) 352-0836 Good luck to everyone, and thank you for your support!

Important Notice: Change of Mass Time



Please note that the Mass on Thursday, October 24th will be held at 9:45 AM instead of the usual 8:00 AM time.



Flu Shot Vaccination - October 27, 2024

We're excited to announce a **Flu Shot Vaccination Drive** on **October 27**th at the church, in partnership with eHealth SK. Flu shots will be available at the hall after Mass.

If you're interested, please sign up at the back of the church so we can ensure enough doses.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes

Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk recovering from surgery.

Samaritan's Purse Operation Christmas Child



Our Christmas boxes are out now! Little Flower Parish has been very generous in the past by supporting this campaign. It's an opportunity to make a child's Christmas extra special. Simply choose a boy or girl and an age group for your gift.

All boxes must be returned by **November 16**th **and 17**th. They have a long way to travel to their destination. Thank you!

Barb Amar

Thank You for Your Support!



A heartfelt thank you to everyone who contributed to our Food Drive on October 12th and 13th! Your generous donations of non-perishable food items and monetary contributions will make a

meaningful difference in the lives of those in need in our community. Together, we are helping to provide nourishment and hope to many individuals and families.

World Mission Sunday – This Sunday!



This Sunday, we will celebrate **World Mission Sunday!** It is a special opportunity to support the mission of the Church around the world. Your generous donations will help fund churches, hospitals, schools, and vocations in areas where the Church

is new or in need. If you would like to contribute, please use the special envelopes available at the back of the church.

Thank you for your support and generosity!

Census Form



We would like to inform you that we have recently sent out a letter containing the registration form once more. We kindly request that you return the form, EVEN IF THERE ARE NO CHANGES TO YOUR INFORMATION. This will help us confirm your continued affiliation with our parish and ensure that our records are up to date.

Archbishop's Appeal Bulletin Reflection

Jesus redefines greatness by teaching that true leadership is found in service to others. He calls us to be servants, just as He came to serve. This principle is foundational to our faith and communal life. We must strive to reflect Christ's humility and dedication, fostering a community where service is the hallmark of greatness. Through your support of the Archbishop's Appeal, there are many ways this is lived out, whether it is through participating in the Lay Formation Program, the youth leadership opportunities, or the many ways in which outreach and advocacy for those on the margins is supported. Look for ways to foster this servant leadership in your own lives and parishes this week.

Pilgrims of Hope: Together in Mission

Fr. Raymond Lafontaine, a priest of the Archdiocese of Montreal, has been present in the Archdiocese of Regina since May 2024. During this six-month study leave, he has visited numerous parishes and groups across the Archdiocese, meeting with priests, pastoral staff, and lay leaders, observing and learning from the different ways in which we "walk together" as a synodal church in mission. He will be serving as a table facilitator at the 2nd Synodal Assembly in Rome this October, and upon his return, he will lead us in a diocesan study day. Fr. Raymond will have many lively stories to share, and so do each of us! Come and share in this conversation with friends and mission partners from across the diocese. Join us for the study day on Saturday, November 9, 2024. The study day begins at 9:30 am with a light breakfast and concludes at 1:00 pm at Resurrection Parish, 3155 Windsor Park Rd, Regina.

Free registration: email mgurash@archregina.sk.ca or call 306-721-6734 by Wednesday, November 6.

Marriage Encounter Weekend

Getting married? Want a weekend away to focus on your relationship? Catholic Engaged Encounter uses a method of marriage preparation that has been used in hundreds of dioceses throughout the world since 1976 and was Vatican approved by Pope John Paul II. A weekend will be held at Kenosee Lake Mother Teresa Centre on November 15-17, 2024. For more info or to register visit https://ceecanada.ca/.

Read. Pray. Vote! Saskatchewan Provincial Election

The October election will offer Saskatchewan voters an opportunity to ensure that the province is guided by leaders who will provide practical and efficient leadership with the good of all in mind – including the unborn, the elderly, the young, families, and those who are too often forgotten by society – as well as workers, farmers, business owners, and all future generations.

Catholics are called to participate, in accordance with the full measure of talents entrusted to us by God, each of us in accordance with our own well-formed conscience. At a minimum, this means voting prayerfully and wisely after having considered all relevant issues, the positions of each of the candidates and parties, and relevant Church teachings. Many of us are called to even deeper involvement: volunteering at polling stations and other efforts to get out the vote; engaging personally with candidates and party officials; helping to spread good ideas and encourage others to vote properly; or in some cases volunteering to assist candidates or parties — or even putting ourselves forward as candidates.

To assist you with these efforts, you can visit the Catholic Conscience Page at: https://catholicconscience.org/ Canada/Saskatchewan/2024-provincial-election/.

Registration is now open for Men's Spiritual Exercises 2024 - 2025!

Men's Spiritual Exercises (SPEX 2024-25) is a 40-hour, silent, Ignatian retreat, held at St. Peter's Abbey in Muenster, SK on November 29 - December 1, 2024, and hosted by the Regina Regnum Christi Men's group. The retreat leader will be Father Kenneth Leblanc, LC.

We are now accepting payment of retreat fees of \$300. Payment prior to Sunday, November 24, 2024 will secure your spot.

Register Here: https://docs.google.com/forms/d/1KYcIXOetjh8XpJqr8wQ6iZkj67xEq0yLnDfllwRD9Eg/edit

On-site registration (at St. Peter's Abbey) will begin at 5:00pm on Friday, Nov 29, 2024. Supper will be served at 6:00pm and Spiritual Exercises will begin at 7:00pm. The retreat will conclude at approximately 1:00pm on Sunday, Dec. 1, 2024.

Pope Francis' Monthly Intentions - October

For a shared mission

Let us pray that the Church continue to sustain a synodal lifestyle in every way, as a sign of coresponsibility, promoting the participation, communion and mission shared by priests, religious and laity. popevideo.org