

LITTLE FLOWER PARISH

**SECOND SUNDAY IN LENT
FEBRUARY 28TH, 2021**

Further, in keeping with the Code of Canon Law no. 87, I grant to all the Catholic faithful dispensation from their Sunday obligation until further notice.

Temporary Masses Hours, up to 30 people only, by appointment:

Little Flower Sunday Masses

Saturdays, 5:00 p.m. & 6:00 p.m.

Sundays, 10:00 a.m. & 11:00 a.m.

Weekday Masses

Tuesday 4:00 p.m.

Wednesday to Friday 8:00 a.m.

Little Flower Office Hours

Temporary Hours: Tuesdays and Thursdays

10:00 a.m.—4:00 p.m.

Parish Staff Team

Parish Administrator: Rev. Jake Ibay

littleflowerregina@sasktel.net

Office Administrator: Valerio Quirino

littleflowerregina@sasktel.net

Pastoral Assistant: Bonnie Thiele Hunt

bonnie.littleflower@sasktel.net

Caretaker / Maintenance: Rick Morin



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone (306) 522-8583

E-mail: littleflowerregina@sasktel.net

Website: www.littleflowerregina.ca



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.

SECOND SUNDAY IN LENT

FEBRUARY 28TH, 2021

Theme: Water transfigures the desert, and visions transfigure our lives. By God's power, dust can blossom with new growth; death can yield new life. His love can free our world. Transfiguration is for now.

This Week in the Parish . . .

Daily Mass intentions as listed below:

Tues., February 23	No Mass intentions
Wed., February 24	No Mass intentions
Thurs., February 25	+ Repose of Ray Perras
Fri., February 26	No Mass intentions
Sat., February 27	+ Repose of Frank & Sophie Flegel + Repose of Albert Blank

Weekday Lector/Altar Server: Gabe Seiferling

A complete list of daily Mass intentions (March) may be found on the parish website.



Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick.

If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making an atonement so that they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office.

If you wish to have the Mass offered on a specific date, please make arrangements at least one month in advance.

"Here I am!" he answered.

Genesis 22:11



It is easy to say, "Here I am, Lord," when we are kneeling in church. But how easy is it to say "Here I am, Lord," when a neighbor needs our help, when we are invited to join a parish ministry, or when we are asked to provide financial support? Often times we are called when it's not convenient for us. Discipleship is not always easy, most of the time it will make us uncomfortable and vulnerable

2021 Income Tax Receipts

2021 income tax receipts will be available at the church. Please pick yours up. If you would like your receipt emailed to you please send us an email (littleflowerregina@sasktel.net) requesting that it be emailed and we will return your email with the receipt attached. Also, please note that if you donated to the Archbishop's Appeal by cash or cheque, or the parish, that amount will be included in the income tax receipt you receive from Little Flower. If you donated to the Appeal by credit card or auto debit a separate income tax receipt will be issued by the Archdiocese and mailed directly to you.

Share Love, Share Lent Campaign



The Share Love, Share Lent campaign is inspired by Pope Francis's encyclical, *Fratelli Tutti* and its call "for a love that transcends geography and distance" and "allows us to acknowledge, appreciate and love each person." Each week, the campaign explores a different aspect of Development and Peace's work and offers you ways to become involved throughout the Lenten period. Follow this solidarity calendar at devp.org/lent.

Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Jose Estioco, Florence Barrow, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, and Louise Wingerter.



If you are a new parishioner or would like to have your anniversary here please contact the office administrator.

COVID-19 Update

We are open for Masses for a maximum of 30 people. If you would like to come for Mass, please call or email the parish Office Administrator (contact on the first page) before Thursdays. You don't need to book for weekdays Masses.

Vocation View

Are you listening to Jesus, the Chosen One What is he revealing to you? Let his message dwell in your heart.
(Luke 9:28-36)



During this difficult time, your parish needs you!

Covid19 has limited how we are able to gather. However, our parishes have regular and ongoing expenses. Although you may not be attending Mass, these expenses still remain. During this time, it's prudent to consider how you might support your parish.

Your cheque can be mailed to Little Flower Parish or left in the parish office mail box (no cash please). **OR** Your donation can be made to your parish through the Archdiocese of Regina by:

- Pre-authorized direct debit
- E-Transfer
- Offline by cheque
- By phone
- Credit card

Visit our Giving Page at <https://archregina.sk.ca/giving> for more information on how you can continue to support your parish.

THANK YOU to those who continue to support the parish through their weekly collection envelopes.

Navigating COVID-19 Restrictions and Vaccines: A Virtual Town Hall with Archbishop Don Bolen

As part of Archbishop Don's pastoral response to the needs and concerns of the faithful of the Archdiocese of Regina, he will be holding a virtual Town Hall meeting on Thursday, March 4 at 7:00 PM. Accompanied by local Dr. David Kopriva MD of St. Anne's parish and Dr. Brett Salkeld, Archdiocesan Theologian, Archbishop Don will share information regarding his COVID-19 response so far, as well as respond to your questions. To assist in preparations, please email mgurash@archregina.sk.ca if you would like to attend. A link to this virtual gathering will be provided closer to the date.

Development and Peace Online Lenten Events

Third week of Lent: "Change structures and promote community development through partnership" (English) 6:00 p.m. CST Tuesday, March 2- Join Emily Lukasik, animator for Central Ontario; Mary Durran, international programs officer; and Jose Mario Lopez, member of the territorial defense team of Development and Peace's partner, Fundación Eric - Radio Progreso. Find out how this people-led partnership in Honduras is having a positive long-term impact on community development and advocacy in the country, which is one of the poorest and most dangerous for human rights defenders in Latin America. The one-hour webinar will be recorded. Sign up here <http://bit.ly/3tDWSgl>

Lent Retreats, in French

The Francophone Inter diocesan Pastoral Council of Saskatchewan (CPFIS) announces two opportunities to participate in Lent Retreats in French, online.

Lent Retreat HOPE DURING A PANDEMIC

The parish of Sts-Martyrs-Canadiens is offering you a retreat in person or online with Mgr Albert Thévenot, Bishop of the Diocese of Prince Albert, on Saturday March 6 from 1 p.m. to 5 p.m. Contact the parish to confirm your participation. Phone: 306-665-1829, by text 306-280-4219 or by email: mhill@rcdos. Your donation will help defray expenses

Lent Retreat AT MARTHA, MARY AND LAZARE

The Conseil de l'Éducatif de la Foi catholique chez des Francophones de l'Alberta (CÉFFA) is pleased to invite you to participate in a 4-day Lent Retreat, in French, available online, from Thursday March 11, 2021 to Sunday March 14, 2021.

Details at: <https://www.starofthenorth.ca/register/browse/programs-2/event/chez-marthe-marie-et-lazare-225/>

If you would like financial support to participate in this online retreat, please contact direction.cpfis@gmail.com by March 9, 2021. The CPFIS will reimburse the registration fees for up to 10 candidates from the Saskatchewan.

TF233: Faith and Mental Health - Part 1

Wherein Deacon Eric and Dr. Brett chat about the intersection of faith and mental health. Sharing personal stories, new mental health-based ministries, and the consolations and support our Catholic faith can bring.

Show Snippet: "The ministry that Melissa and I are involved in outside of the parish is called Emmaus Family Support. It's primarily a peer-led support group for people who are caregivers...they are the primary caregivers for someone who is close to them, who suffers from mental health challenges." <https://thinkingfaith.libsyn.com/faith-and-mental-health-part-1>

To learn more about the Emmaus Family Support ministry mentioned in today's podcast, please visit: <https://emmaussupport.wordpress.com/>

The Office for Evangelization and Catechesis Four-Part Webinar Series

Beginning 2 March 2021, the Office for Evangelization and Catechesis (English Sector) of the Canadian Conference of Catholic Bishops (CCCCB) will offer a four-part webinar series entitled Nurturing Friendship, the Directory for Catechesis in Dialogue with the Encyclical Letter Fratelli Tutti. Webinars will take place on Tuesday afternoons on March 2, 9, 16 and 23 at 2:00 PM in Saskatchewan and are 90 minutes in length. Registration is free of charge. When registering directly within the Zoom meeting platform: https://cccb-ca.zoom.us/webinar/register/WN_O0swCv7TQuWnhcgPd7fY9Q. Participants can indicate their preference for one, two, three or all four of the sessions. For more information about the series, contact Margaret Shea-Lawrence by email at : m.shea-lawrence@cccb.ca.

Youth Minister Lenten Reflection Evening

Those who minister to and serve young people are invited to join others from all across Canada for an evening to rest, pray and reflect with one another as we journey through Lent. This virtual reflection opportunity will be facilitated by Michael Chiasson of Access 52 ministries. For more information go to: <https://www.facebook.com/events/1851901598290988/?ti=ls>

Taizé Prayer Around the Cross

Taizé Prayer around the Cross is a candlelit prayer service where we meet God in song, the Word, and silent wonder. For this Ecumenical Prayer Service, we meet each Thursday during Lent at 7:00 PM. Blessed Sacrament Church, 2049 Scarth Street, Regina.

"When we accept what happens to us and make the best of it, we are praising God."

~Teresa of Avila