

LITTLE FLOWER PARISH

**THIRD SUNDAY IN LENT
MARCH 7TH, 2021**

Further, in keeping with the Code of Canon Law no. 87, I grant to all the Catholic faithful dispensation from their Sunday obligation until further notice.

Temporary Masses Hours, up to 30 people only, by appointment:

Little Flower Sunday Masses

Saturdays, 5:00 p.m. & 6:00 p.m.

Sundays, 10:00 a.m. & 11:00 a.m.

Weekday Masses

Tuesday 4:00 p.m.

Wednesday to Friday 8:00 a.m.

Little Flower Office Hours

Temporary Hours: Tuesdays and Thursdays

10:00 a.m.—4:00 p.m.

Parish Staff Team

Parish Administrator: Rev. Jake Ibay

littleflowerregina@sasktel.net

Office Administrator: Valerio Quirino

littleflowerregina@sasktel.net

Pastoral Assistant: Bonnie Thiele Hunt

bonnie.littleflower@sasktel.net

Caretaker / Maintenance: Rick Morin



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Regina, Saskatchewan

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Phone (306) 522-8583

E-mail: littleflowerregina@sasktel.net

Website: www.littleflowerregina.ca



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.

THIRD SUNDAY IN LENT MARCH 7TH, 2021

Theme: Under the old covenant, the Lord's glory dwelt in the Jerusalem temple. Now his glory shines in the person of Jesus Christ, whose body we are. Like the Jerusalem temple, the body of God's people needs cleansing so his presence may shine forth.

This Week in the Parish . . .

Daily Mass intentions as listed below:

Tues., March 9	No Mass intentions
Wed., March 10	No Mass intentions
Thurs., March 11	No Mass intentions
Fri., March 12	No Mass intentions
Sat., March 13	+ Repose of Kathleen Wingerter + Repose of Olie Gattinger

Weekday Lector/Altar Server: Jean Zdunich

A complete list of daily Mass intentions (March) may be found on the parish website.



Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick.

If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making an atonement so that they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office.

If you wish to have the Mass offered on a specific date, please make arrangements at least one month in advance.

"You shall not carve idols for yourselves in the shape of anything..."

Exodus 20:4



How many "gods" do you put before God? "Idols" do not always take the shape of physical things, things we can touch and feel. Those are easy to recognize. Many times they take the form of things we cannot touch and are much harder to spot like pride, power, ego, time, comfort or health. Pray for God's help to prune our vices and to grow in virtue.

Share Love, Share Lent Campaign



The Share Love, Share Lent campaign is inspired by Pope Francis's encyclical, *Fratelli Tutti* and its call "for a love that transcends geography and distance" and "allows us to acknowledge, appreciate and love each person." Each week, the campaign explores a different aspect of Development and Peace's work and offers you ways to become involved throughout the Lenten period. Follow this solidarity calendar at devp.org/lent.

This week's theme for the Share Love, Share Lent Campaign is solidarity with communities in crisis. Development and Peace is helping Rohingya refugees and their host communities in Bangladesh.

Development and Peace also provides humanitarian aid to communities coping with climate changes, conflicts and natural disasters in over 30 countries.

Food Drive



We will have our monthly Food Drive collection starting this weekend. All contributions are welcome. Thank you for sharing your treasure with those around you. Please be mindful that we do not accept packaging that has been opened, items that are partially used or those beyond their expiry date.

Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Jose Estioco, Florence Barrow, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, and Louise Wingerter.



If you are a new parishioner or would like to have your anniversary here please contact the office administrator.

COVID-19 Update

We are open for Masses for a maximum of 30 people. If you would like to come for Mass, please call or email the parish Office Administrator (contact on the first page) before Thursdays. You don't need to book for weekdays Masses.

Vocation View

"And he said to all: If any man will come after me, let him deny himself, and take up his cross daily, and follow me"
- Luke 9:23.

LENT
Pray + Fast + Give

During this difficult time, your parish needs you!

Covid19 has limited how we are able to gather. However, our parishes have regular and ongoing expenses. Although you may not be attending Mass, these expenses still remain. During this time, it's prudent to consider how you might support your parish.

Your cheque can be mailed to Little Flower Parish or left in the parish office mail box (no cash please). **OR** Your donation can be made to your parish through the Archdiocese of Regina by:

- Pre-authorized direct debit
- E-Transfer
- Offline by cheque
- By phone
- Credit card

Visit our Giving Page at <https://archregina.sk.ca/giving> for more information on how you can continue to support your parish.

THANK YOU to those who continue to support the parish through their weekly collection envelopes.

Navigating COVID-19 Restrictions and Vaccines: A Virtual Town Hall with Archbishop Don Bolen

As part of Archbishop Don's pastoral response to the needs and concerns of the faithful of the Archdiocese of Regina, he will be holding a virtual Town Hall meeting on Thursday, March 4 at 7:00 PM. Accompanied by local Dr. David Kopriva MD of St. Anne's parish and Dr. Brett Salkeld, Archdiocesan Theologian. Archbishop Don will share information regarding his COVID-19 response so far, as well as respond to your questions. To assist in preparations, please email mgurash@archregina.sk.ca if you would like to attend. A link to this virtual gathering will be provided closer to the date.

Archdiocese of Regina Leadership Camps

Teens Camp - It is yet to be determined if our camp for teens will run as an overnight camp or as day camp experiences. But the dates have been set and more details will be available in May. The camp days will be July 12, 13, 14, 15. Young Adult Retreat/ Summer Camp - Kind of like summer camp....but for adults! Join other young adults for an opportunity to pray, rest, contemplate and grow in a beautiful lakefront setting. But alsovolleyball, campfires, hiking, great food and beach time. Mark your calendars for Friday, July 16th to Sunday, July 18th. More details to come in May.

Development and Peace Online Lenten Events

Fourth week of Lent: National ThinkFast (English and French) starting at 2:00 p.m. CST Thursday, March 11 - Each year, Catholic schools across the country participate in ThinkFAST a 25-hour fast that allows students to learn more about the Social Teaching of the Church and to raise funds for Development and Peace. This year, Development and Peace will be organizing a national virtual fundraising fast so that everyone of any age can participate! Development and Peace will be offering online activities during the 25-hour fast. Sign up here: <https://us02web.zoom.us/join/zoom/register/tZEsfioqj4rG9U1LBq6CdBpgyffl7XsYzSE>

Trinity Manor at Westerra: Welcome Home!

Experience the true meaning of retirement with a world of choices, beautiful architecture, caring people and a variety of programs and services. Regina's own Trinity Manor is challenging the standard for retirement living. With our newly reduced prices, luxury retirement living is more affordable than ever! Our services promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. For further information, or to book your virtual tour contact [Franci at 306-550-8077](mailto:Franci@306-550-8077) or visit us at www.trinitymanorregina.ca.

TF234: Faith and Mental Health - Part 2

In this part 2 of 2, we continue our conversation around faith and mental health, discussing what is helpful, what is not, and some practical ideas for building more mental health-related resiliency into our daily lives.

Show Snippet: "It's extremely dangerous when we imagine that what's going on with mental health is simply a matter of someone's spiritual life not being in order and so what they need to do is just pray more, offer it up and do all of the pious Catholic things you're supposed to do."

Learn more about Emmaus Family Support: <https://emmaussupport.wordpress.com/>

Walking with Victims Workshop

Are you someone who is a good listener? Non-judgmental? Compassionate? Are you wanting to play a role in helping to heal the legacy of clergy sexual abuse in our Archdiocese? If you've answered yes to any of these questions, you may wish to attend the workshop Walking with Victims: A Workshop for Those Interested in Accompanying Victims of Clergy Sexual Abuse on Sunday, April 11 from 1 – 5 p.m. at Resurrection Parish in Regina. Presentations will be made by a sexual abuse trauma counselor and a victim of childhood clergy sexual abuse. For more information or to register, please contact victimserviceadvocacy@gmail.com. Depending on COVID restrictions at the time, registration may be limited or workshop may be delivered virtually. Please register early.

Workshop: Youth Ministry 101

Join us virtually from 1:00-3:00 on Saturday March 13th and Sunday 14th for Youth Ministry 101. This workshop is a great introduction (or review) for any of those tasked with ministering to young people or supporting those that do! Please email Michelle at mbraden@archregina.sk.ca

My Gen Youth Rally 2021

MyGen Youth Rally (for grades 8-12) will happen on Saturday, May 29th this year. And we are taking it on the road! We will have a one day rally that will be hosted in multiple locations. Assuming we have the ability to have small public gatherings. Mark your calendars, and watch for more details coming soon!

Drive-Thru Pick-Up Supper - from Our Lady of Peace Church|

Our Lady of Peace Parish, 425 Broad St. North on April 9 Roast Beef, and April 11th Turkey \$20.00 a meal. Both catered by Charlottes. For tickets, call [Dennis 306 530-2370](tel:3065302370) or [Anita 306 543-0421](tel:3065430421). Sponsored by OLOP Finance Council with proceeds for Mortgage payments.