

# *LITTLE FLOWER PARISH*

**5TH SUNDAY IN ORDINARY TIME  
FEBRUARY 7TH, 2021**

**Further, in keeping with the Code of Canon Law no. 87, I grant to all the Catholic faithful dispensation from their Sunday obligation until further notice.**

**Temporary Masses Hours, up to 30 people only, by appointment:**

## **Little Flower Sunday Masses**

Saturdays, 5:00 p.m. & 6:00 p.m.

Sundays, 10:00 a.m. & 11:00 a.m.

## **Weekday Masses**

Tuesday 4:00 p.m.

Wednesday to Friday 8:00 a.m.

## **Little Flower Office Hours**

**Temporary Hours:** Tuesdays and Thursdays

10:00 a.m.—4:00 p.m.

## **Parish Staff Team**

Parish Administrator: Rev. Jake Ibay

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Office Administrator: Valerio Quirino

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Pastoral Assistant: Bonnie Thiele Hunt

[bonnie.littleflower@sasktel.net](mailto:bonnie.littleflower@sasktel.net)

Caretaker / Maintenance: Rick Morin



*“ True charity consists in bearing all our neighbour’s defects – not being surprised at their weakness, but edified at their smallest virtues ”*

*~St. Thérèse of Lisieux*

420 College Avenue

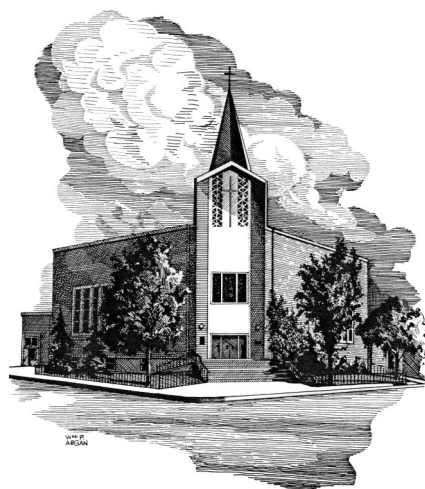
Regina, Saskatchewan

S4N 0X2

Phone (306) 522-8583

E-mail: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

**Website: [www.littleflowerregina.ca](http://www.littleflowerregina.ca)**



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

*MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.*

# 5TH SUNDAY IN ORDINARY TIME

## FEBRUARY 7TH, 2021

**Theme:** Jesus Christ is the healer. He offers hope for our spirits and light for our darkness. In him God lifts us from despair. In this Eucharist, he will transform our lives into shining gifts of love.

### This Week in the Parish . . .

*Daily Mass intentions as listed below:*

Tues., February 9	+ Repose of Tony Zimmerman
Wed., February 10	Blessings and Mercy on the intention of the St. Augustine School Staff (Appreciation week)
Thurs., February 11	+ Repose of Ray Rambow
Fri., February 12	No Mass intentions
Sat., February 13	+ Repose of Elisabeth Fox  + Repose of Mildred O'Donnell

Weekday Lector/Altar Server: Gabe Seiferling

A complete list of daily Mass intentions (February) may be found on the parish website.



### Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick.

If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

### Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making an atonement so that they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office.

If you wish to have the Mass offered on a specific date, please make arrangements at least one month in advance.

*"Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, 'Let us go on to the nearby villages that I may preach there also. For this purpose have I come.'"*

*Mark 1:35, 38*

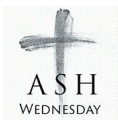


In today's Gospel reading we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus makes time to be alone with God in prayer. It is through prayer, spending time with God, that we find the strength to do what He wishes us to do. Be sure to find time every day to be with God.

### Old Palms Collection



In preparation for Ash Wednesday, we are collecting old palms. The bin for collection is located at the back of the church and it will remain in the church leading up to Ash Wednesday



### Ash Wednesday Mass

February 17th is Ash Wednesday. Mass will be held at 6:00 PM. Those who wish to attend Mass must pre-register in advance since we can only accept up to 30 people. Pre-registration will start on February 10th and once we have all 30 people, the registration will be closed.



### Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Jose Estioco, Florence Barrow, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, and Louise Wingerter.



If you are a new parishioner or would like to have your anniversary here please contact the office administrator.

### COVID-19 Update

**We are open for Masses for a maximum of 30 people. If you would like to come for Mass, please call or email the parish Office Administrator (contact on the first page) before Thursdays. You don't need to book for weekdays Masses.**

### Vocation View

*"Let your light shine and give God praise! Hiding your light doesn't serve anyone. Where will you choose to glow?"*

*(Matthew 5:13-16)*

### During this difficult time, your parish needs you!

Covid19 has limited how we are able to gather. However, our parishes have regular and ongoing expenses. Although you may not be attending Mass, these expenses still remain. During this time, it's prudent to consider how you might support your parish.

Your cheque can be mailed to Little Flower Parish or left in the parish office mail box (no cash please). **OR** Your donation can be made to your parish through the Archdiocese of Regina by:

- Pre-authorized direct debit
- E-Transfer
- Offline by cheque
- By phone
- Credit card

Visit our Giving Page at <https://archregina.sk.ca/giving> for more information on how you can continue to support your parish.

**THANK YOU** to those who continue to support the parish through their weekly collection envelopes.

## Online Workshops

The Archdiocese of Regina Pastoral Services Department is pleased to offer a new online series to support parishes. These workshops will be held weekly on Thursdays from 12:00 – 1:00 PM.

Please Note: These webinars are for parish staff and volunteers who are involved within key ministry areas in your parish. Feel free to invite these volunteers to these webinars as appropriate for their ministry or role in the parish.

Weekly Workshop Topics:

Thursday, Feb 11, 2021 12:00 PM – Leona Burkhart & Sharon Bender, Conflict Resolution

Thursday, Feb 18, 2021 12:00 PM – Eric Gurash, Social Media

Thursday, Feb 25, 2021 12:00 PM – Topic TBA

Thursday, Mar 4, 2021 12:00 PM – Topic TBA

If you are interested, please contact our office by email: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net) for more details on how to access the workshops.

## Encouragement to Consider Vaccination



Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available. Further information can be found at the following links: Congregation for the Doctrine of the Faith "Note on the morality of using some anti-Covid-19 vaccines" - <https://bit.ly/3ogmdJe>

"Vaccine for all: 20 points for a fairer and healthier world" Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life - <https://bit.ly/3c8Tdkg>.

Alberta and NWT Bishops OK vaccination for COVID - <https://bit.ly/39hC1qW>

How to Vaccinate Like a Catholic: A Guide Through the Prickly COVID-19 Issues - <https://bit.ly/3ol0aRI>

## TF230: Inoculating Truth: The Morality of Vaccination - Part 1

As vaccines begin to roll out promising protection from COVID-19 and a slow return to normal life, there remain some questions regarding the morality of some vaccines which may have connections with ethically questionable cell-lines. Deacon Eric and Dr. Brett navigate the waters in this two-part look at the morality of vaccination. Warning: These episodes may cause irritation and inflammation at the injection site, and a closer alignment with the consistent moral teachings of the Pope and teaching office of the Church.

Show Snippet: "The one kind of cooperation with evil which is permissible, in part because it's often unavoidable, but even if it is avoidable, sometimes it can be justified if avoiding it will cause other problem...this is called proportionate reasons..."

## Pope Francis' Monthly Prayer Intentions - February

For Women who are Victims of Violence

Let us pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded by all. [www.thepopevideo.org](http://www.thepopevideo.org)

## Trinity Manor at Westerra: Welcome Home!

No matter how you've reached this point in your life, the bottom line is you deserve the best. Regina's own Trinity Manor has challenged the standard for retirement living and with our newly reduced prices, luxury retirement living is more affordable than ever! Attend daily mass, or spend time in quiet reflection in our tranquil chapel. Our services promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. At the end of the day sit by the window and enjoy country sunsets, 10 min. from downtown. Our residents reveal "Trinity Manor's best kept secret is the view". For further information, or to book your virtual tour contact Franci at 306-550-8077 or visit us at

*"In all your ways submit to him, and he will make your paths straight."*

*Proverbs 3:6*

**COVID-19 UPDATES Weekday and Sunday Mass Livestreamed**—English Weekday and Sunday Masses are Livestreamed at 9:00 AM daily from Christ the King and Resurrection Parishes. French Sunday Masses are Livestreamed from St. Jean Baptiste Parish every two weeks. For live stream Links visit [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina).

**Prayers and Devotions** – Here you will find information on daily Mass, daily readings and reflections, prayers, stations of the cross and other resources that may be valuable during this time of social distancing. <https://archregina.sk.ca/prayers-devotions>.