

LITTLE FLOWER PARISH

SIXTH SUNDAY OF EASTER
MAY 5TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

Lauana Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net



Land Acknowledgement

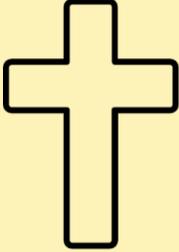
Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: What the world needs now we already have: the risen Christ, present here with his gifts of live and love. Our society's search for love is fulfilled in this Eucharistic.

6TH SUNDAY 
OF EASTER

Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open

Mass intentions for this week are:

| | |
|---------|----------------------------------|
| Tues. 7 | Thanksgiving Mass for Tara Singh |
| Wed. 8 | No Mass Int. |
| Thu. 9 | No Mass Int. |
| Fri. 10 | Kathleen Wingerter |
| Sat. 11 | +Repose of Betty Stradeski |

Altar server Of the Week: Barb Aman

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Return to Vibrancy Announcement:



Lisieux is an attractive town about two hours west of Paris where a large modern Basilica is dedicated to Thérèse. The former home of the Martin family is now a museum where the saint's toys and dolls are displayed. Visitors can use the same stairs

Thérèse would have run up and down. People come from all over the world to visit a shrine honouring an obscure nun who did nothing except write down some deep thoughts.

Upon reading Story of a Soul, many are amazed by the humility and simplicity of the saint, others by her radical heart centered theology, and still others by her courage in facing the doubt that God even existed.

St. Thérèse said: Everything is a grace because everything is God's gift.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bits May 5, 2024 6th Sunday of Easter

"This is my commandment: love one another as I love you one has greater love than this, to lay down one's life for one's friends."

- John 15:12-13

Do you love Jesus? Do you consider Him your friend? Jesus says that if we love Him we would be willing to offer whatever we have to Him, not because we want praise and glory, but simply because we love Him. Does your giving seem mechanical out of obligation or do you share freely out of love

A Big Thank You to Our Amazing Volunteers and Contributors!



Dear Volunteers, Organizers, and Guests, We're thrilled to extend our heartfelt thanks to everyone who helped make our **SOLD OUT** International Dinner a smashing success!

Huge shoutout to our dedicated volunteers who worked tirelessly at the prize alley, donated prizes, and assisted in various roles throughout the evening. Your hard work and enthusiasm were truly appreciated.

A special appreciation goes out to our committee members for their outstanding organization and planning skills. Without you, none of this would have been possible!

Let's not forget our talented cooks who tantalized our taste buds with delicious dishes from around the world. Your culinary expertise added an extra special touch to the evening.

Big thanks to everyone who bought tickets to donate! Your generosity means the world. Thank you for making a difference.

And to all our guests who joined us in celebrating diversity and cultural exchange, thank you for making the night unforgettable.

From karaoke to cultural attire, it was a blast seeing everyone come together!

Here's to more nights like these, filled with laughter, music, and unity.

Thank you all for your incredible contributions!

Warm regards,

Little Flower Parish

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco,

Agnes Fahlman, Dean Hutchence, Shelly

Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Delores Blank, Theresa Sokalski, Judy Klenk recovering from surgery, Karyle and Irwin's Family at the passing of Delores Blank, Kay Seiferling.

Join us in celebrating Mother's Day



After a few years, we're excited to announce the return of our beloved Mother's Day Breakfast.

Date: Sunday, May 12th

Time: 9:00 AM to 12:00 PM

Location: Parish Hall

Tickets:

\$12 for adults

\$5 for kids aged 6 to 12 and

free for kids aged 5 and under

Tickets will be sold at the door. No advanced tickets will be sold.

Save the date for a delightful morning of food, fun, and celebrating the amazing mothers in our community! See you there.

Food Drive



Our monthly food drive will take place next weekend, May 11th and 12th.

We're in dire need of healthy essentials:

- Canned vegetables and fruits of any variety
- Hearty chunky soups and stews

Additionally, we welcome monetary donations. Your contributions help us procure perishable goods like meat and eggs, ensuring a well-rounded diet for those in need.

Your generosity makes a real difference in our community. Let's come together and make this food drive a success! Thank you for your continued support!

Emmaus Women's Peer Support

In partnership with Emmaus Support Mental Health Ministries (<https://emmaussupport.ca/>), we will begin an Emmaus Women's Peer Support Group at Holy Rosary, offering a safe space for women navigating the complexities of mental health and mental illness. Whether battling anxiety, depression, or any other challenge, you're not alone. Find comfort in our community of shared experiences, and empathy, as we journey towards healing and hope through Jesus together. Email Bronwyn.angley@outlook.com to RSVP and with any questions you may have.

Emmaus Family Support

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through. Visit emmaussupport.ca or contact Deacon Eric Gurash at emmausmentalhealth@gmail.com or 306-721-6724 to learn more.

Stones Cry Out: Praying with the Land

ELCIC/ACC National Worship Conference July 18-21, 2024 Registration is now open! Visit our website at <https://www.nationalworshipconference.org/> and follow us on Facebook @nationalworshipconference for updates. The focus of the conference is to help us to think about, talk about, and pray about how we can transform our worship in authentic ways - from language and image of empire and colonialism to one that recognizes our rich multi-cultural and Indigenous heritage. Early bird registration ends on May 31. <https://www.nationalworshipconference.org/registration/> Nine inspiring workshops: Ceremony and Liturgy; New Words, New Melodies, New Inspiration; Mysterium: the development and practice of an Ancient-Future worship service; Sacred Treaty relationships and promises; Understanding Indigenous Spirituality; Walking together in a good way: stories from Indigenous and Ally perspectives; An Indigenous Creed; Crafting and Leading Rituals of Healing and Reconciliation; Singing and Praying Justly.

TF #398: The Four Pillars of A Coach On Mission with Thomas Wurtz - Part 1

In this two-part series, Dr. Brett Salkeld visits with Thomas Wurtz, founder of FOCUS Ministries' Varsity Catholic program, to discuss his four pillars of Catholic coaching. They examine the natural goods of sports, their connection to deeper truths, and how participation in sports can offer insights into the human desire for God and the pursuit of excellence. <https://thinkingfaith.libsyn.com/the-four-pillars-of-a-coach-on-mission-with-thomas-wurtz-part-1>

Variety Night

Join us for a night of "Wonder"! Variety Night 2024 is a fundraising/community-building initiative of the Office of Youth and Young Adult Ministry and this year features an incredibly talented and dedicated cast of young people who will share music, drama, and dance that will have us marvelling at the "wonder" that still exists in this world! Tickets are \$20. Concession items are available for sale. Tickets can be purchased online at www.bit.ly/vn24 OR picked up in person at Christ the King during office hours. The show dates are May 24, 25, 26, and 27. For more info, please email oyyam@archregina.sk.ca

Catechesis of the Good Shepherd Jesus is the Light of the world!

This is the essential message shared with the 3-6-year-olds when we present the Baptism materials. By this point in the year, the children have heard Jesus say, "I am the Light of the World." they know that on Good Friday, the Light went out for a short time and that on Easter Sunday, it came back into the world. Now, in the presentation for Baptism, they hear that ever since the Resurrection, Christ's light has been growing bigger and bigger until one day, at their Baptism, they received the Light in their hearts. If you know the joy of Christ's light and have ever felt any inkling of a desire to share it with the littlest among us, then we invite you to please consider joining us in this work so you can more fully wonder with us! For information on Regina's upcoming catechist training opportunity visit cgsac.ca or contact us at regina.cgs33@gmail.com