

# ***LITTLE FLOWER PARISH***

**FIRST SUNDAY IN LENT**  
**MARCH 6TH, 2022**

Masking required to attend mass

**Little Flower Weekend Masses**

Saturday 5:00 pm

Sunday 10:00 am

**Little Flower Weekday Masses**

Tuesday 4:00 pm

Wednesday through Friday 8:00 am

**College Park I Retirement Residence Liturgy**

1<sup>st</sup> & 3<sup>rd</sup> Thursday 10:00 am

**College Park II Retirement Residence Liturgy**

2nd & 4th Friday of the month 10:00 am

**Little Flower Office Hours (For In-person services)**

Monday to Thursday 4:00 pm to 5:30 pm

Friday 1:00 pm to 6:00 pm

Saturday 8:00 am to 4:00 pm

**Parish Staff Team**

Parish Administrator: Rev. Jake Ibay

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Office Administrator: Valerio Quirino

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Caretaker / Maintenance: Rick Morin



*First*  
SUNDAY  
IN  
LENT

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S4N 0X2

Phone (306) 522-8583

E-mail: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Website: [www.littleflowerregina.ca](http://www.littleflowerregina.ca)



**Treaty Acknowledgement**



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

*MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.*

# LITTLE FLOWER PARISH

## FIRST SUNDAY IN LENT

### MARCH 6TH, 2022

**Theme:** The basic temptation of man is the temptation to pride and power. Christ undergoes these temptations in the desert and overcomes them because of his humility. He knows his relationship to the Father.

#### This Week in the Parish . . .

Daily Mass intentions as listed below:

Tues., March 8	+Repose of Richard Seitz
Wed., March 9	Intentions of Clair Wingerter
Thurs., March 10	In Memory of Alice Goebel
Fri., March 11	+Repose of Stan Sirdar
Sat., March 12	+Repose of James Necula

Altar Server: Jean Zdunich

Events:

Sun., March 6th	2:00 pm	Restored Order Session #3
Sun., March 13th	2:00 pm	Restored Order Session #4
Sat, & Sunday, March 12th & 13th		Food Drive



#### Little Black Books for Lent



Lent is here and we have reading materials available at the back of the church. The Little Black Books are \$4.00 each

#### Food Drive



Our monthly Food Drive will take place next weekend, **March 12 & 13**. All contributions are welcome. Thank you for sharing your treasure with those around you.

*Please be mindful* that we do not accept packaging that has been opened, items that are partially used or those beyond their expiry date. Also, we do not collect any fresh produce as there is no where for us to store it.

#### Hospital Chaplains



Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick. If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

#### St. Augustine School Message



The St. Augustine Community would like to thank Little Flower Parish for hosting us for our Ash Wednesday Mass. It was a beautiful time for our school to gather in-person to pray, reflect and set ourselves on our Lenten journeys and to receive the most precious Body and Blood of our Saviour! Being able to celebrate with parishioners from Little Flower made this such a meaningful experience – so thank you for your presence. Students were heard commenting on how good it felt to be back in church all together again – they were truly looking forward to this opportunity for a long time. Father Jake's words, encouraging us to do what we do and be who we are but do it BETTER and BE BETTER, spoke to our hearts and will steer our Lenten mission and promises this season. Thank you, Father Jake, you always give nourishment for our souls and prayer life. We will pray for all of you this Lent, and ask for your prayers too. May you stay steadfast in your faith, humble in your sacrifices, and prayerful in your words and actions.

## Stewardship Bulletin Bit March 6, 2022

### 1st Sunday of Lent



*"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me."*

*Deuteronomy 6:10*

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer, or do you give from what you have leftover? Second, do you realize that everything you have and that everything you are has been given to you by God? Ask God for a grateful and generous heart, every day, in all circumstances.

### Lent Reflections



As we begin this 40-day season leading up to Easter, we remember that at this time last year, most of us still couldn't gather in our churches or for in-person group sharing due to the pandemic. For some, that nightmarish season still continues while others are experiencing new life and new freedom in to gather with friends of faith again. However you find yourself now, you might think of this season as a 40-day retreat. This is time to reflect on your past year, and turn back to God in areas where that is needed. Ask yourself and reflect:

- How do you feel as Lent begins? Are you looking forward to it or do you dread it for some reason?
- Do you have any particular thoughts or hopes for how you would like to observe Lent this year?

### Jesus' Temptation



*"Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished."*

*Luke 4:1 - 4*

The story of Jesus' temptation in the desert echoes the Israelites 40 years of wandering in the desert. God had led them out of slavery in Egypt, and they were on their way to the Promised Land, but the journey ended up being much longer and harder than they had imagined. They were famished a lot those years. Sometimes they were literally in danger of starving or dying of dehydration until God fed them with manna and gave them water from a rock.

## Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out, our farmers, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Agnes Fahlman, Fred Fry, Shelly Joubert, Lima Perras, Jose Estioco, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, Louise Wingerter, Father Lorne Crozon, Fr. Peter Pham and Jack Gebert



If you are a new parishioner or would like to have your anniversary here please contact the office administrator.

### Vocation View



*"We do not know what we ought to pray for, but Spirit himself intercedes for us through wordless groans"*

*Romans 8:26*

### Mass Request



We have a good number of open dates to accept your requests to have Masses offered for the intentions or repose of family and friends. This is a wonderful way to remember birthdays or anniversaries as well. Call or email the parish office to book.

### Development and Peace: A movement of solidarity



Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada.

We partner with organizations in the Global South that promote alternatives to unjust social, political and economic structures and support women in their quest for equality and justice.

With the help of our 11,000+ volunteer members, we inform Canadians about the root causes of impoverishment and mobilize them to act for change. Our Lenten campaign, People and Planet First, offers you the opportunity to help protect vulnerable communities and ecosystems from corporate abuse. Donate now:

<https://www2.devpc.org/en/civircrm/contribute/transact?reset=1&id=3&gl=2y0x0>



## Hand Lettering Retreat on the present moment



Join us for a Lenten evening of reflection using the hand-written word as a form of meditation. Monday, March 14th, 7:00 – 8:30 p.m. at Christ the King Church. No experience or artistic skill is required, all materials will be provided. There is no fee to attend – a free-will offering will go towards the parishes retreat ministry. The number of participants is limited, please register at [www.christtheking.ca](http://www.christtheking.ca) by March 7th.

## Women at the Well



A monthly gathering for a time of quiet reflection on scripture and sharing.

**Date:** March 12, 2022

**Place:** Marian Centre, 1835 Halifax Ave.

**Time:** 2:00 – 4:00 p.m.

## A Time To Pray Together



For all ages, for all denominations, for YOU who believe in prayer. **Saturday, April 30, 2022** at the Balcarres Town Hall at **2:00 PM** - Free Contact 306-334-4004.

## UPDATED ANNOUNCEMENT

### With contact info added

## Drive Through Turkey Supper at Holy Cross Parish



The meal is catered by Charlotte's of Moose Jaw on Sunday, March 27, with pickup from 4:00 pm to 5:00 pm. South parking lot of Holy Cross Parish, 315 Douglas Avenue East. A turkey dinner with all the trimmings. The cost is \$25 a meal. Orders can be placed via e-Transfer to email: [bookkeeper.holycross@sasktel.net](mailto:bookkeeper.holycross@sasktel.net). Identify on your E-Transfer the number of dinners. Or contact Wayne at (306) 789-8151 or Sherry at (306) 533-2838. Drive-thru volunteers will be masked and practice safe distancing.

## Did you know?



itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee

Did you know that... after the resistance of 1885, the pass system was implemented to limit the mobility of treaty Indians, keeping them on their reserves and away from European communities. This system further undermined access to game and crippled the economic prospects of reserve communities. The pass system was illegal and was never made leg.

## TF286: Yo Dawg, I hear you like synods - Part 2



In this part 2 of 2, Deacon Eric Gurash rejoins the podcast as he and Dr. Brett Salkeld discuss the 2021-2023 Synod on Synodality.

Show Snippet: *"The potential is there to transform a parish from being concerned about how they're going to pay for the roof...to how do we care for our neighbours that are experiencing hardship of any kind? How do we bring the gospel to people, not just preaching the words of the gospel, but bring the heart of the gospel into the places in our community that aren't showing up in our church?"* Follow the link for more information and Synod resources to use in your parish or group: <https://archregina.sk.ca/synod-2021-2023> <https://thinkingfaith.libsyn.com/yo-dawg-i-hear-you-like-synods-part-2>

## Trinity Manor at Westerra: Welcome Home!



Regina's new active living retirement community is proudly a part of the Emmanuel Care, and Emmanuel Care is under the leadership and sponsorship of the Catholic Bishops of Saskatchewan. With customized packages and a wide choice of social and recreational activities, our residents say "Trinity Manor has everything I need. I could sell my car because I don't need it". Located in the beautiful Westerra neighborhood of Regina, our personal care suites, run by nurses, offer extensive amenities and specialized services starting at \$2245. Allow us to provide a relaxing drive to your medical appointments, and enjoy our variety of fun outings on the Trinity Manor bus. Attend daily mass, visit with our spiritual care workers, or spend time in quiet reflection in our tranquil chapel. Our services promote opportunities for our residents' personal growth while providing stimulating and entertaining activities. At the end of the day sit by the window and enjoy country sunsets, 10 min. from downtown. Book your personal tour now by contacting Janet at 306-550-8077 or visit us at [www.trinitymanorregina.ca](http://www.trinitymanorregina.ca).

## Pope's Prayer Intention March 2022



In March we pray with Pope Francis for Christians facing new bio-ethical challenges; may we continue to defend the dignity of all human life with our prayers and actions.

*'Human dignity is the same for all human beings: when I trample on the dignity of another, I am trampling on my own'.*

Pope Francis