

LITTLE FLOWER PARISH

4TH SUNDAY IN ORDINARY TIME
JANUARY 29, 2023

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m.

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 4:30 to 6:30 p.m.

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls
weekdays from 8:30 a.m. to 4 p.m.)

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



"I will spend my Heaven doing good on earth."

~ St. Thèrese of Lisieux

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.

420 College Avenue
Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net

www.littleflowerregina.ca



Land Acknowledgement

Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

4TH SUNDAY IN ORDINARY TIME

JANUARY 29, 2023

Theme: Blessed are we when we least suspect it. Our Father is near to us, touching our lives with his own Spirit, who seeks out our hiding places. Blessed are we when we turn and find he has been with us all along the way.

This Week in the Parish . . .

**(Contact the office to request a Mass for your loved ones.
The agenda for 2023 Mass requests is already open)**

Mass intentions for this week are:

Tues., Jan. 31	4 p.m.	No Mass Intentions
Wed., Feb. 01	8 a.m.	No Mass Intentions
Thurs., Fe. 2	8 a.m.	No Mass Intentions
Fri., Feb.3	8 a.m.	+Repose of Kathleen Wingerter
Sat., Feb. 4	5 p.m.	+Repose of Betty Huber

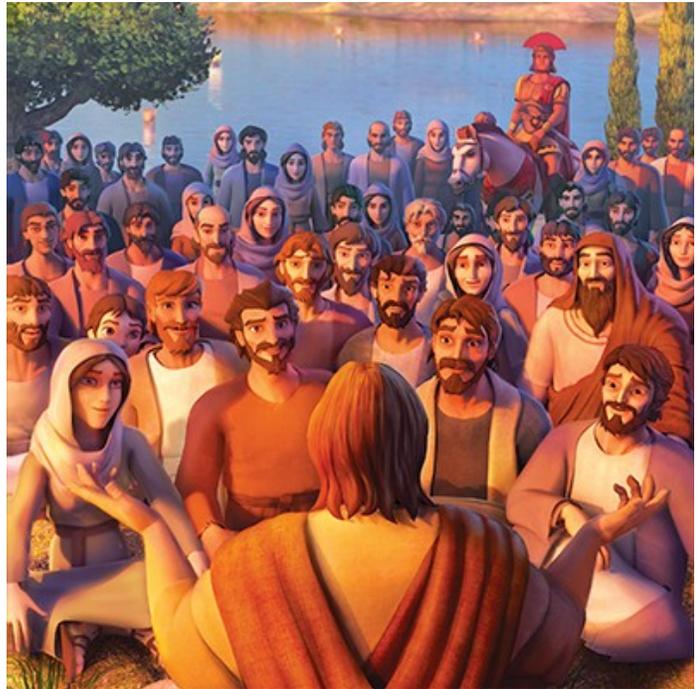
Weekday Altar Server: Barb Aman

Coming up:

- Feb. 02**—Mass at College Park 1 at 10 a.m.
- Feb. 08**—Miller High School Retreat (morning)
- Feb. 09**—Miller High School Retreat (morning)
- Feb. 09**—Thursday Morning Mass at 9:30 am
- Feb. 10**—Miller High School Retreat (morning)

Offering of the Mass

By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office. If you wish to have the Mass offered on a specific date, let us know at least one month in advance.



Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs. To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you’ve been admitted to the hospital.

Office Hours

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From **February 02nd to 27th**, the Parish Office will be closed for in-person services. Phone calls and emails will be monitored and answered during the day as usual. In-person services at the Parish Office will resume on February 27th.



“He called them, and immediately they left their boat and their father and followed Him.”

Matthew 4:22

Just as Jesus called the first apostles, He calls each of us to follow Him, too. Not everyone is called to leave their business or family behind, but we are expected to put God first in everything. In gratitude to God, we should give our first and best of everything to Him: our time in daily prayer, our talent in participating in one of our parish ministries and our treasure to support the financial needs of our parish



Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out.

Pray especially for: Germain

Beaurivage, Annette Block, Ann Dormuth, Jose Estioco, Agnes Fahlman, Marlene Frey, Fred Fry, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

PALMS

In preparation for Ash Wednesday, we will begin collecting old palms. The bin is located at the back of the church and it will remain in the church leading up to Ash Wednesday.

2022 Income Tax Receipts

2022 income tax receipts are available at the back of the church. Please pick yours up. If you would like your receipt emailed to you please send us an email (littleflowerregina@sasktel.net) requesting that it be emailed and we will return your email with the receipt attached.

Also, please note that if you donated to the Archbishop's Appeal by cash or cheque, to the parish, that amount will be included in the income tax receipt you receive from Little Flower. If you donated to the Appeal by credit card or auto debit a separate income tax receipt will be issued by the Archdiocese and mailed directly to you.

Vocation View

“Let your light shine and give God praise! Hiding your light doesn't serve anyone. Where will you choose to “glow”?.” (Matthew 5:13-16)

This Weekend's Readings

First Reading

Zephaniah 2:3, 3:12-13

There will be a people who remain sheltered from God's anger.

Responsorial Psalm

Psalm 146:6-10

The Lord is faithful forever.

Second Reading

1 Corinthians 1:26-31

God chooses the weak to show his power.

Gospel Reading

Matthew 5:1-12a

Underwear Drive Second Weekend!

The Social Justice Committee is still having it's underwear Drive, we are on our second weekend of collections!! This will be for the needs of Marian Centre. Some suggestions include: Underwear (sizes S & M), mitts, toques, scarves, solid coloured T-shirts (sizes S to M) and socks (although socks are not desperately needed). The items can be put at the back of the Church in the grocery shopping until the weekend of Feb. 11 & 12 . Thank you for your amazing support!

God Bless you all

Green Ribbon Campaign

The Regina Pro Life Association is calling on all parishioners to participate in the Green Ribbon Sunday Campaign, which remembers the Morgentaler decision of January 28, 1988, when the Supreme Court of Canada struck down all laws regarding abortion. Since then, there have been more than 4 million abortions in Canada.

Please pick up a green ribbon/bookmark which are available at both entrances. We encourage you to wear them to at least the following weekend of January 28/29. The bookmarks include a prayer for the end of abortion that we encourage you to pray daily. Thank you for supporting life!

Trauma Informed Perspectives

Workshop

On Saturday, February 11, from 9:30 a.m. – 4:30 p.m., Resurrection parish is hosting the Regina East Deanery workshop on A Trauma-informed Perspective. Lorie Harrison and Pamela Walsh will present and invite you to learn and explore what trauma is and how it impacts people. This workshop is open to everyone. If you have questions or wish to register, please contact csaeducation@archregina.sk.ca. The registration deadline is **February 3, 2023**.

TF332: Hell and Evangelization with Mark Hornbacher - Part 2



This week Brett continues his conversation with Mark Hornbacher of the St. Paul Street Evangelization Apostolate to discuss Hornbacher's critiques of Brett's Church Life Journal article "Hell is Good News." Show Snippet: "It's at least possible that we've bought into a kind of even more subtle log-in-the-eye kind of thing. And so we, we just always have to be on the lookout for that, that we never think we finally got it (and) now we're not in danger of the log in our eye, because we're now the tolerant, open-minded, non-judgmental ones. And look at those terrible judgmental closed-minded people..."

Articles discussed in this podcast:

<https://churchlifejournal.nd.edu/articles/is-hell-good-news/>

<https://www.catholicworldreport.com/2022/12/01/is-the-doctrine-of-hell-a-legitimate-motivation-for-evangelization/>

<https://theologyforevangelists.com/2022/02/11/how-many-will-be-saved-luke-1323-25/>

<https://thinkingfaith.libsyn.com/hell-and-evangelization-with-mark-hornbacher-part-2>

An Evening of Prayer

(for parents of adult and teenage children)

An opportunity to pray for your older children, at whatever stage of their faith journey. Sunday, January 29 from 7:00 – 9:00 PM at Christ the King Parish, 3239 Garnet St. Rosary, Adoration, Time for Private Prayer.

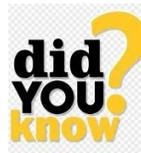
Trinity Manor at Westerra: Welcome Home!

No matter how you've reached this point in your life, the bottom line is you deserve the best. Regina's own Trinity Manor, proudly a part of Emmanuel Care community, has challenged the standard for retirement living and with our affordable prices starting at \$2425, the finest in retirement living at an outstanding value! Our services promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. Allow us to provide a relaxing drive to your medical appointments, and enjoy our variety of fun outings on the Trinity Manor bus.

Attend daily mass, receive the sacraments, or spend time in quiet reflection in our tranquil chapel. Sit by the window and enjoy country sunrises, 10 mins from downtown.

For more information on amenities included in our All-Inclusive plan, or to book your personal tour now contact us at [306-550-8077](tel:306-550-8077) or visit us at www.trinitymanorregina.ca.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')



Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Carry the Kettle Nakota Nation (CTK) is located about 100 kms east of Regina along the #1 Highway. CTK has a population of approximately 3000 members who live on and off reserve. Three Nakota (Assiniboine) leaders Man Who Takes The Coat, Long Lodge, and Lean Man signed an adhesion to Treaty 4 at Fort Walsh on September 25, 1877. Nakota Oyate Education Centre is a K – 12 school with approximately 215 students. Retrieved from <https://cegakin.ca/> January 9, 2023